

SOUTHERN WOMENS LEAGUE SENIOR DIVISION 1

05 September 2009 HARROW

100 metres "A"

1	NATOYA SYLVA	BEXLEY	13.0	<i>F20</i>
2	DEE BAKRE	ENFIELD	13.1	<i>F20</i>
3	MICHELLE TWEED	NENE VALLEY	13.3	
4	MONIQUE DAVIS	HERNE HILL	13.7	

100 metres "B"

1	SHANIQUE JOSEPH	BEXLEY	13.6	<i>F17</i>
2	EMMA PRZYBL	NENE VALLEY	14.5	<i>F17</i>
3	TAMSIN CORNELIUS	HERNE HILL	18.1	

200 metres "A"

1	ANGELIKA BROWN	ENFIELD	26.3	<i>F20</i>
2	MICHELLE TWEED	NENE VALLEY	26.5	
3	MONIQUE DAVIS	HERNE HILL	27.8	
4	NATOYA SYLVA	BEXLEY	27.8	<i>F20</i>

200 metres "B"

1	MICHELLE MCNAMARA	ENFIELD	26.9	
2	SHANIQUE JOSEPH	BEXLEY	28.1	<i>F17</i>
3	EMMA PRZYBL	NENE VALLEY	29.7	<i>F17</i>
4	ALEXANDRA SHALMULL	HERNE HILL	32.3	

400 metres "A"

1	MICHELLE MCNAMARA	ENFIELD	58.4	
2	MICHELLE TWEED	NENE VALLEY	59.6	
3	MONIQUE DAVIS	HERNE HILL	59.9	
4	ROBYN BROMLEY	BEXLEY	81.2	<i>F20</i>

400 metres "B"

1	KRISTY WILSON	ENFIELD	63.7	
2	TORI BRADLEY	NENE VALLEY	66.3	<i>F20</i>
3	ALEXANDRA SHALMULL	HERNE HILL	67.8	
4	SARRA CRAINE	BEXLEY	85.2	<i>F17</i>

800 metres "A"

1	ALEXANDRA SHALMULL	HERNE HILL	2.33.4	
2	ROSMARY LEWIS	BEXLEY	2.41.2	<i>F17</i>
3	GEORGINA IGOE	NENE VALLEY	2.55.2	<i>F17</i>

800 metres "B"

1	TAMSIN CORNELIUS	HERNE HILL	2.57.7	
2	BOBYN BLAMLEY	BEXLEY	3.06.4	<i>F20</i>
3	EMMA RANDALL	NENE VALLEY	3.10.6	<i>F17</i>

1500 metres "A"

1	EMMA RANDALL	NENE VALLEY	5.08.6	<i>F17</i>
2	Not declared	HERNE HILL	6.02.7	
3	CHARLOTTE MOORE	BEXLEY	6.25.9	<i>F20</i>

1500 metres "B"

1	RUTH JONES	NENE VALLEY	5.15.6	
2	SARAH ALLEN	HERNE HILL	6.51.2	

3000 metres "A"

1	YVONNE SCAROTT	NENE VALLEY	11.32.9	
2	SARAH ALLEN	HERNE HILL	13.18.8	
3	LAURA CRAINE	BEXLEY	16.11.7	

3000 metres "B"

1	PENELOPE FIXTER	HERNE HILL	13.35.9	
2	ANNE-MARIE WILSON	NENE VALLEY	15.46.7	<i>F45</i>
3	SARRA CRAINE	BEXLEY	16.51.1	<i>F17</i>

100 metres hurdles "A"

1	KRISTY WILSON	ENFIELD	19.2	
2	SOPHIE HALLAM	NENE VALLEY	20.3	<i>F20</i>
3	SARAH COVILL	BEXLEY	20.8	

100 metres hurdles "B"

1	HANNAH O'SULLIVAN	ENFIELD	19.9	
2	RACHEL COOK	NENE VALLEY	20.6	<i>F20</i>
3	CHRIS PATES	BEXLEY	24.2	<i>F45</i>

400 metres hurdles "A"

1	KRISTY WILSON	ENFIELD	67.4	
2	TORI BRADLEY	NENE VALLEY	79.8	<i>F20</i>
3	SARAH COVILL	BEXLEY	94.4	

400 metres hurdles "B"

1	HANNAH O'SULLIVAN	ENFIELD	73.2	
2	LAURA CRAINE	BEXLEY	101.2	

High Jump "A"

1	SARAH GIBSON	ENFIELD	1.45	F20	1.35o	1.40o	1.45o	1.50xxx		
2	SOPHIE HALLAM	NENE VALLEY	1.35	F20	1.25o	1.30o	1.35xo	retd		
3	REBECCA ZELIC	HERNE HILL	1.30		1.25p	1.30o	1.35xxx			
4	CHRIS PATES	BEXLEY	1.25	F45	1.20o	1.25o	1.30xxx			

High Jump "B"

1	HANNAH O'SULLIVAN	ENFIELD	1.35		1.25x	1.30xo	1.35o	1.40xxx		
2	TORI BRADLEY	NENE VALLEY	1.25	F20	1.00o	1.25o	retd			
3	CHARLOTTE MOORE	BEXLEY	1.25	F20	1.20o	1.25xxo	1.30xxx			
4	SHARON ST LUCE	HERNE HILL	1.00		1.00o	1.20xxx				

Pole Vault "A"

1	SARAH GIBSON	ENFIELD	2.90	F20	2.70o	2.80o	2.90xo	3.00xxx		
2	SOPHIE HALLAM	NENE VALLEY	2.30	F20	2.00o	2.10o	2.20o	2.30xo	2.40xxx	

Pole Vault "B"

1	KATIE MOEY	ENFIELD	2.80		2.60o	2.70o	2.80o	2.90xxx		
2	RACHEL COOK	NENE VALLEY	1.80	F20	1.40xo	1.70o	1.80xo	2.00xxx		

Long Jump "A"

1	DEE BAKRE	ENFIELD	5.49	F20		nj	5.23	5.11	5.31	5.49	5.30
2	REBECCA ZELIC	HERNE HILL	4.87			3.70	nj	4.67	nj	4.87	4.63
3	SHANIQUE JOSEPH	BEXLEY	3.86	F17		3.67	3.86	3.76	elim		
4	LAURA WILSON	NENE VALLEY	3.54	F20		3.54	3.37	3.10	elim		

Long Jump "B"

1	HANNAH O'SULLIVAN	ENFIELD	4.24			-	3.33	4.24	-	-	-
2	MONIQUE DAVIS	HERNE HILL	4.15			3.49	nj	4.02	3.91	4.15	nj
3	GEORGINA IGOE	NENE VALLEY	3.21	F17		3.21	-	-	elim		
	TOBI ONLYSTAN	BEXLEY		NJ		nj	nj	nj			

Triple Jump "A"

1	DEE BAKRE	ENFIELD	11.53	F20	11.45	nj	11.53	nj	nj	nj	
2	BRIONY PHILLIPS	HERNE HILL	9.50		8.79	9.03	9.33	9.50	-	-	
3	SOPHIE HALLAM	NENE VALLEY	9.33	F20	8.57	9.07	nj	9.10	9.22	9.33	
4	SARAH COVILL	BEXLEY	8.40		7.69	7.97	8.40	elim			

Triple Jump "B"

1	MICHELLE MCNAMARA	ENFIELD	9.78		9.59	-	9.67	9.39	9.78	9.12	
2	LAURA WILSON	NENE VALLEY	7.91	F20	7.66	7.12	7.91	elim			
3	BARBARA MCANAS	HERNE HILL	5.82		5.02	5.82	-	elim			

Shot Putt "A"

1	BRIONY PHILLIPS	HERNE HILL	11.55		10.25	11.27	11.55	10.67	11.30	10.88	
2	ANDREA JENKINS	NENE VALLEY	10.74		10.47	10.74	-	-	-	-	
3	SHARIFA BROWN	ENFIELD	9.74		9.58	9.74	9.04	9.06	nt	nt	
4	SARAH ETHERTON	BEXLEY	8.24		7.88	7.82	8.24	elim			

Shot Putt "B"

1	RACHEL COOK	NENE VALLEY	9.35	F20	9.26	9.35	-	-	-	-	
2	DONNA KENT	BEXLEY	8.14	F20	7.93	7.77	8.14	elim			
3	GABRIELLA ROSEJE	HERNE HILL	7.83		-	-	7.83	elim			
4	ANGIE MADDAMS	ENFIELD	6.91	F40							

Discus Throw "A"

1	BRIONY PHILLIPS	HERNE HILL	38.61		31.36	37.83	nt	32.77	35.41	38.61	
2	ANDREA JENKINS	NENE VALLEY	36.06		30.68	34.39	30.61	30.09	36.06	33.87	
3	SHARIFA BROWN	ENFIELD	29.10		28.34	nt	25.59	26.38	29.10	nt	
4	DONNA KENT	BEXLEY	18.96	F20	15.70	18.63	18.96	elim			

Discus Throw "B"

1	GABRIELLA ROSEJE	HERNE HILL	27.82		27.82	26.13	27.65	-	25.22	nt	
2	KELLY LAWRENCE	NENE VALLEY	24.71	F20	nt	24.71	nt	elim			
3	FELICIA RUDOLFO	ENFIELD	19.83		18.76	19.83	nt	elim			
4	CHRIS PATES	BEXLEY	16.20	F45	16.20	15.91	14.84	elim			

Hammer Throw "A"

1	ANDREA JENKINS	NENE VALLEY	48.48		45.68	45.74	nt	45.50	47.28	48.48	
2	DONNA KENT	BEXLEY	41.96	F20	41.11	nt	41.06	41.96	nt	nt	
3	YVONNE JACOBS	ENFIELD	30.08	F35	30.08	25.60	26.84	elim			
4	BRIONY PHILLIPS	HERNE HILL	28.29		28.29	26.20	28.26	elim			

Hammer Throw "B"

1	KELLY LAWRENCE	NENE VALLEY	36.30	F20	nt	33.52	nt	nt	36.30	35.69	
2	SARAH ETHERTON	BEXLEY	31.59		31.46	29.89	nt	31.59	29.83	30.41	
3	BARBARA MACANAS	HERNE HILL	19.59		19.59	16.07	18.90	elim			
4	ANGIE MADDAMS	ENFIELD	16.44	F40	14.79	15.62	16.44	elim			

Javelin Throw "A"

1	FELICIA RUDOLFO	ENFIELD	33.30		33.30	33.30	28.92	28.15	29.05	28.84	
2	BRIONY PHILLIPS	HERNE HILL	28.88		nt	25.64	28.52	27.97	nt	28.88	
3	SOPHIE HALLAM	NENE VALLEY	28.12	F20	27.12	25.01	24.34	28.10	27.52	28.12	
4	CHRIS PATES	BEXLEY	12.93	F45	nt	12.93	nt	elim			

Javelin Throw "B"

1	RACHEL COOK	NENE VALLEY	26.74	F20	24.20	25.33	nt	26.74	25.55	25.50
2	SHARIFA BROWN	ENFIELD	23.66		22.52	nt	23.66	elim		
3	GABRIELLA ROSEJE	HERNE HILL	21.18		21.18	nt	20.95	nt		
4	DONNA KENT	BEXLEY	12.21	F20	12.21	retd				

4 x 100 metres relay

1	KRISTY WILSON MICHELLE MCNAMARA DEE BAKRE ANGELIKA BROWN	ENFIELD	51.7
2	NATOYA SYLVA TOBI ONLYSTAN SHANIQUE JOSEPH SARAH COVILL	BEXLEY	55.2
3	RACHEL COOK GEORGINA IGOE EMMA PRZYBL MICHELLE TWEED	NENE VALLEY	57.4
4	MONIQUE DAVIS ALEXANDRA SHALMULL REBECCA ZELIC GABRIELLA ROSEJE	HERNE HILL	59.6

4 x 400 metres relay

1	DEE BAKRE KRISTY WILSON HANNAH O'SULLIVAN MICHELLE MCNAMARA	ENFIELD	4.22.1
2	TORI BRADLEY LAURA WILSON EMMA RANDALL RUTH JONES	NENE VALLEY	4.42.9
3	TAMSIN CORNELIUS MONIQUE DAVIS ALEXANDRA SHALMULL PENELOPE FIXTER	HERNE HILL	5.13.1
4	ROSMARY LEWIS CHRIS PATES LAURA CRAINE CHARLOTTE MOORE	BEXLEY	5.22.3

SCORES ANALYSIS

	BEXLEY	ENFIELD	HERNE HILL	NENE VALLE
F-100	8	3	3	5
F-200	4	8	3	5
F-400	2	8	4	6
F-800	6	0	8	4
F-1500	2	0	6	8
F-3000	4	0	7	7
F-100H	4	8	0	6
F-400H	5	8	0	3
F-HJ	3	8	3	6
F-PV	0	8	0	6
F-LJ	2	8	6	3
F-TJ	1	8	5	5
F-SP	4	3	6	7
F-DT	2	4	8	6
F-HT	6	3	3	8
F-JT	2	7	5	6
F-4X1	3	4	1	2
F-4X4	1	4	2	3
MATCH TOTAL	59	92	70	96

	BEXLEY	ENFIELD	HERNE HILL	NENE VALLE
Sprints F	14	19	10	16
Middle Distance F	12	0	21	19
Hurdles F	9	16	0	9
Relays F	4	8	3	5
Track F	39	43	34	49
Vertical Jumps F	3	16	3	12
Horizontal Jumps F	3	16	11	8
Throws F	14	17	22	27
Field F	20	49	36	47
Total F	59	92	70	96
MATCH TOTAL	59	92	70	96

18 events out of 18

TEAM SCORES

1	NENE VALLEY	96
2	ENFIELD & H	92
3	HERNE HILL	70
4	BEXLEY	59