

SOUTHERN WOMENS LEAGUE SENIOR DIVISION 1

05 September 2009 HARROW

100 metres "A"

1	DYMOND SMITH	HARROW	12.9	<i>F20</i>
2	SHARNA EMANUEL	PETERBOROUGH	13.0	<i>F20</i>
3	GRACE SHEPPERD	BLACKHEATH	13.6	<i>F20</i>
4	CLAIRE MCLEISH	KINGSTON & P	13.9	

100 metres "B"

1	EMMA MCGEEHAN	HARROW	13.4	
2	HELEN GODSELL	BLACKHEATH	14.0	<i>F55</i>
3	CHELSEA OLDHAM	PETERBOROUGH	14.3	<i>F20</i>
4	SUZANNE DIETRICH	KINGSTON & P	15.4	<i>F45</i>

200 metres "A"

1	MARY IHEKE	KINGSTON & P	25.6	<i>F20</i>
2	AMY GODSELL	BLACKHEATH	26.0	
3	SHARNA EMANUEL	PETERBOROUGH	26.6	<i>F20</i>
4	EMMA MCGEEHAN	HARROW	28.8	

200 metres "B"

1	EMILY MOSS	PETERBOROUGH	27.4	<i>F20</i>
2	CLAIRE MCLEISH	KINGSTON & P	28.9	
3	CHLOE FLOWERS	HARROW	29.1	

400 metres "A"

1	LYNDSEY FAIRWEATHER	HARROW	58.3	
2	AMY GODSELL	BLACKHEATH	59.6	
3	MELANIE BROWN	PETERBOROUGH	61.3	
4	TASHA COOK	KINGSTON & P	69.5	

400 metres "B"

1	NICHOLA GIBSON	PETERBOROUGH	62.0	<i>F23</i>
2	MAUREEN MILLER	BLACKHEATH	63.2	<i>F45</i>
3	ELLIE FELICIEN	KINGSTON & P	74.7	<i>F17</i>

800 metres "A"

1	SCHAE ANTOINE	HARROW	2.19.5	<i>F17</i>
2	GABY MILES	KINGSTON & P	2.26.6	<i>F17</i>
3	LAURA ARNOLD	PETERBOROUGH	2.27.8	<i>F17</i>
4	JANE BRADSHAW	BLACKHEATH	2.32.7	<i>F35</i>

800 metres "B"

1	HOLLY BARSBY	HARROW	2.35.2	<i>F20</i>
2	CHELSEA OLDHAM	PETERBOROUGH	2.50.5	<i>F20</i>
3	NATALIE SACRE	KINGSTON & P	2.50.7	

1500 metres "A"

1	MADDY HARDWICK	KINGSTON & P	5.01.1	<i>F20</i>
2	SHAVAUN HENRY	BLACKHEATH	5.01.1	
3	GEORGIE FREEMAN	PETERBOROUGH	5.25.1	<i>F17</i>

1500 metres "B"

1	PENELOPE FORD	PETERBOROUGH	5.43.4	<i>F17</i>
2	MARION VINCER	KINGSTON & P	5.57.4	<i>F17</i>

3000 metres "A"

1	MADDY HARDWICK	KINGSTON & P	10.50.7	<i>F20</i>
2	JANE BRADSHAW	BLACKHEATH	11.02.1	<i>F35</i>
3	CHARLENE KENNY	PETERBOROUGH	12.19.2	<i>F20</i>
4	SUE TARRANT	HARROW	12.44.6	

3000 metres "B"

1	GABY MILES	KINGSTON & P	11.31.0	<i>F17</i>
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100 metres hurdles "A"

1	DYMOND SMITH	HARROW	15.5	<i>F20</i>
2	EMILY MOSS	PETERBOROUGH	17.8	<i>F20</i>

100 metres hurdles "B"

1	CLAUDIA TABONY	HARROW	16.5	
2	EMMA HOUGHTON	PETERBOROUGH	20.6	<i>F17</i>

400 metres hurdles "A"

1	EMILY MOSS	PETERBOROUGH	64.2	<i>F20</i>
2	MARY IHEKE	KINGSTON & P	79.6	<i>F20</i>

400 metres hurdles "B"

1	CHARLOTTE KENNY	PETERBOROUGH	93.4	<i>F20</i>
2	SUZANNE DIETRICH	KINGSTON & P	105.9	<i>F45</i>

High Jump "A"

1	ELOISE NEWMAN	HARROW	1.75	1.65o	1.70o	1.75o	1.80xxx
2	LAYLA HAWKINS	BLACKHEATH	1.60	1.50xo	1.55xo	1.60xxo	1.65xxx
3	EMMA HOUGHTON	PETERBOROUGH	1.55	1.40o	1.45o	1.50o	1.55o 1.60xxx
4	MARY IHEKE	KINGSTON & P	1.40	1.30xo	1.35xxo	1.40o	1.45xxx

High Jump "B"

1	STACY MCGIVERN	PETERBOROUGH	1.45		1,4xo	1.45o	1.50xxx		
2	RACHEL ARNHEIM	BLACKHEATH	1.45		1.35o	1.40xo	1.45xo	1.50xxx	
3	ZARA ASANTE	HARROW	1.35		1.30o	1.35o	retd		
4	SUZANNE DIETRICH	KINGSTON & P	1.00	F45	1.00o	retd			

Pole Vault "A"

1	RACHEL ARNHEIM	BLACKHEATH	3.60		3.30o	3.50xo	3.60xo	3.76xxx	
2	AMY WENTFORD	HARROW	2.40	F17	2.00ol	2.10o	2.20o	2.30xo	2.40o 2.50xx

Pole Vault "B"

1	LIZ HUGHES	BLACKHEATH	2.70		2.60xo	2.70xo	2.80xxx		
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Long Jump "A"

1	LAYLA HAWKINS	BLACKHEATH	5.19		4.82	2.14	5.19	4.84	5.10	4.94
2	STACY MCGIVERN	PETERBOROUGH	5.06		4.94	4.98	4.99	5.00	nj	5.06
3	ZARA ASANTE	HARROW	4.85		4.79	4.81	4.67	4.61	nj	4.85
4	MARY IHEKE	KINGSTON & P	4.29	F20	3.75	4.13	4.29	elim		

Long Jump "B"

1	CLAUDIA TABONY	HARROW	4.82		nj	4.80	4.73	4.82	nj	nj
2	DEVON SPENCER	PETERBOROUGH	4.11	F20	4.11	nj	4.10	elim		
3	RAHANNAH GILLIETTE-VERNON	KINGSTON & P	3.39	F17	3.04	3.39	nj	elim		
4	RACHEL ARNHEIM	BLACKHEATH	2.89		2.89	-	-	elim		

Triple Jump "A"

1	ZARA ASANTE	HARROW	11.26		11.26	11.02	nj	11.03	nj	11.13
2	STACY MCGIVERN	PETERBOROUGH	10.59		10.32	10.59	10.48	nj	10.52	10.44
3	LAYLA HAWKINS	BLACKHEATH	10.44		9.88	10.07	10.33	nj	10.44	10.34
4	TASHA COOK	KINGSTON & P	9.50		9.50	-	-	elim		

Triple Jump "B"

1	CHLOE FLOWERS	HARROW	10.29		10.14	9.81	10.06	9.77	10.29	10.22
2	DEVON SPENCER	PETERBOROUGH	9.71	F20	nj	9.71	nj	elim		
3	RACHEL ARNHEIM	BLACKHEATH	9.50		9.50	nj	-	elim		
4	SUZANNE DIETRICH	KINGSTON & P	6.92	F45	6.34	6.91	6.92	elim		

Shot Putt "A"

1	LIZ HUGHES	BLACKHEATH	10.90		9.98	10.78	10.49	10.34	10.90	-
2	CAMILLA THRUSH	KINGSTON & P	10.39	F40	10.31	10.08	10.31	nt	nt	10.39
3	ANGELA MITCHELL	HARROW	8.79	F40	8.79	8.18	8.29	8.65	8.12	8.58
4	JENNY CADE	PETERBOROUGH	8.59	F20	8.59	8.26	nt	elim		

Shot Putt "B"

1	RACHEL BLACKIE	BLACKHEATH	9.55		7.76	8.88	9.02	9.55	9.15	9.51
2	CLAUDIA TABONY	HARROW	8.75		8.59	8.70	8.75	elim		
3	PIPPA WINGATE	KINGSTON & P	8.23	F35	7.70	7.99	8.23	elim		
4	STEPH HENDY	PETERBOROUGH	5.95	F20	4.97	4.87	5.95	elim		

Discus Throw "A"

1	ANGELA MITCHELL	HARROW	36.06	F40	36.06	nt	33.76	nt	33.90	35.67
2	CAMILLA THRUSH	KINGSTON & P	30.88	F40	30.33	30.88	nt	nt	nt	27.79
3	RACHEL BLACKIE	BLACKHEATH	27.81		27.47	26.67	nt	nt	27.81	27.80
4	JENNY CADE	PETERBOROUGH	23.31	F20	nt	nt	23.31	elim		

Discus Throw "B"

1	PIPPA WINGATE	KINGSTON & P	28.34	F35	25.76	24.98	26.40	nt	28.34	27.42
2	LIZ HUGHES	BLACKHEATH	23.94		nt	18.00	23.94	elim		
3	CLAUDIA TABONY	HARROW	18.93		nt	15.99	18.93	elim		
4	KAY GIBSON	PETERBOROUGH	18.59		18.59	15.78	16.04	elim		

Hammer Throw "A"

1	RACHEL BLACKIE	BLACKHEATH	50.27		42.59	48.52	nt	46.43	50.27	47.63
2	STEPH HENDY	PETERBOROUGH	38.54	F20	37.06	38.54	37.06	nt	nt	nt
3	CAMILLA THRUSH	KINGSTON & P	35.59	F40	nt	35.59	33.40	35.36	nt	nt
4	LAURA TURNER	HARROW	24.99		23.47	21.09	23.49	24.22	24.99	23.95

Hammer Throw "B"

1	LIZ HUGHES	BLACKHEATH	23.02		22.37	23.02	-	elim		
2	PIPPA WINGATE	KINGSTON & P	20.82	F35	19.45	20.63	20.82	elim		
3	KAY GIBSON	PETERBOROUGH	18.88		17.94	18.88	17.12	elim		

Javelin Throw "A"

1	RAHANNAH GILLIETTE-VERNON	KINGSTON & P	29.78	F17	29.78	nt	28.06	26.20	nt	27.76
2	JESS BULL	PETERBOROUGH	27.54	F17	26.27	25.92	nt	26.78	24.00	27.54
3	LIZ HUGHES	BLACKHEATH	24.83		20.64	18.76	22.70	nt	23.72	24.83
4	CLAUDIA TABONY	HARROW	19.76		nt	19.76	19.64	elim		

Javelin Throw "B"

1	CAMILLA THRUSH	KINGSTON & P	25.21	F40	25.21	23.28	24.28	nt	nt	24.11
2	EMILY MOSS	PETERBOROUGH	21.13	F20	18.26	20.15	21.13	elim		
3	LAURA TURNER	HARROW	18.84		nt	17.86	18.84	elim		
4	RACHEL BLACKIE	BLACKHEATH	13.19		13.19	nt	nt	elim		

4 x 100 metres relay

1	CLAUDIA TABONY EMMA MCGEEHAN LYNDSEY FAIRWEATHER DYMOND SMITH	HARROW	51.5
2	MAUREEN MILLER GRACE SHEPPERD HELEN GODSELL AMY GODSELL	BLACKHEATH	52.0
3	MARY IHEKE CLAIRE MCLEISH RAHANNAH GILLIETTE-VERNON TASHA COOK STACY MCGIVERN NICHOLA GIBSON CHELSEA OLDHAM SHARNA EMANUEL	KINGSTON & P PETERBOROUGH	56.1 DNF

4 x 400 metres relay

1	CHELSEA OLDHAM SHARNA EMANUEL NICHOLA GIBSON STACY MCGIVERN	PETERBOROUGH	4.17.2
2	CLAUDIA TABONY LYNDSEY FAIRWEATHER HOLLY BARSBY DYMOND SMITH	HARROW	4.22.0
3	MAUREEN MILLER JANE BRADSHAW HELEN GODSELL AMY GODSELL	BLACKHEATH	4.39.0
4	NATALIE SACRE GABY MILES MADDY HARDWICK ELLIE FELICIEN	KINGSTON & P	5.03.9

SCORES ANALYSIS

	BLACKHEATH	HARROW	KINGSTON &	PETERBOROU
F-100	5	8	2	5
F-200	3	3	7	6
F-400	6	4	3	6
F-800	1	8	5	5
F-1500	3	0	7	6
F-3000	3	1	8	2
F-100H	0	8	0	6
F-400H	0	0	6	8
F-HJ	6	6	2	6
F-PV	8	3	0	0
F-LJ	5	6	3	6
F-TJ	4	8	2	6
F-SP	8	5	5	2
F-DT	5	6	7	2
F-HT	8	1	5	5
F-JT	3	3	8	6
F-4X1	3	4	2	0
F-4X4	2	3	1	4
MATCH TOTAL	73	77	73	81

	BLACKHEATH	HARROW	KINGSTON &	PETERBOROU
Sprints F	14	15	12	17
Middle Distance F	7	9	20	13
Hurdles F	0	8	6	14
Relays F	5	7	3	4
Track F	26	39	41	48
Vertical Jumps F	14	9	2	6
Horizontal Jumps F	9	14	5	12
Throws F	24	15	25	15
Field F	47	38	32	33
Total F	73	77	73	81
MATCH TOTAL	73	77	73	81

18 events out of 18

TEAM SCORES

1	PETERBOROUGH	81
2	HARROW	77
3	BLACKHEATH & B KINGSTON & POLY	73 73