

SOUTHERN LEAGUE DIVISION 4

Held at Harrow Weald

Saturday 1 May 1999

100 metres 'A'

1	T. EZEKIEL	TOWER HAMLETS	11.7
2	M. HALE	SALISBURY	11.7
3	PRAVIN MEPANI	HARROW	12.4
4	C. STRICKLAND	LONDON	14.5
5	D. LIPSCOMB	SERPENTINE	15.7

100 metres 'B'

1	R. MARSHALL	SALISBURY	12.0
2	P. TUCKER	TOWER HAMLETS	12.4
3	TIM HUGHES	HARROW	12.5
4	N. SLADE	SERPENTINE	14.6
5	P. SPERRYN	LONDON	26.5

200 metres 'A'

1	R. MARSHALL	SALISBURY	24.4
2	P. TUCKER	TOWER HAMLETS	24.5
3	TIM HUGHES	HARROW	26.0
4	J. HANID	LONDON	29.0
5	O. MERGSOV	SERPENTINE	30.8

200 metres 'B'

1	M. HALE	SALISBURY	24.2
2	T. EZEKIEL	TOWER HAMLETS	24.4
3	C. STRICKLAND	LONDON	27.7
4	ALAN PERRY	HARROW	29.5
5	N. SLADE	SERPENTINE	30.2

400 metres 'A'

1	C. TRICKETT	SALISBURY	52.6
2	D. ROBINSON	TOWER HAMLETS	53.4
3	PRAVIN MEPANI	HARROW	55.1
4	J. CHRISTOPHER	SERPENTINE	59.6
5	C. STRICKLAND	LONDON	64.8

400 metres 'B'

1	MIKE KELLY	HARROW	55.8
2	M. HALE	SALISBURY	59.6
3	J. HANID	LONDON	61.8
4	T. MCGAHAN	SERPENTINE	65.1
5	M. PETERS	TOWER HAMLETS	80.7

800 metres 'A'

1	C. TRICKETT	SALISBURY	2.04.3
2	MIKE KELLY	HARROW	2.06.3
3	F. COONEY	SERPENTINE	2.13.2
4	C. STRICKLAND	LONDON	2.41.2

800 metres 'B'

1	S. NORRIS	SALISBURY	2.04.1
2	ALAN THOMPSON	HARROW	2.05.3
3	M. KATZ	SERPENTINE	2.09.3

1500 metres 'A'

1	C. TRICKETT	SALISBURY	4.29.4
2	F. COONEY	SERPENTINE	4.31.7
3	ABDI JAMA	HARROW	4.36.4
4	R. LYONS	TOWER HAMLETS	5.56.2

1500 metres 'B'

1	M. KATZ	SERPENTINE	4.37.1
2	KERRIN EDWARDS	HARROW	4.44.3
3	D. GREENE	SALISBURY	4.57.1
4	M. PETERS	TOWER HAMLETS	6.36.5

5000 metres 'A'

1	RICHARD FRANCIS	HARROW	16.45.7
2	D. GREENE	SALISBURY	17.43.0
3	C. OXLADE	TOWER HAMLETS	18.40.1
4	R. SOLOMONS	LONDON	18.43.0
5	E. DUNLAP	SERPENTINE	20.18.8

5000 metres 'B'

1	MARK MCINTOSH	HARROW	17.18.4
2	A. ROBINSON	SALISBURY	19.05.2
3	R. LYONS	TOWER HAMLETS	20.52.7
4	C. JORDAN	SERPENTINE	20.55.9

3000 metres S/C 'A'

1	S. NORRIS	SALISBURY	10.05.5
2	MIKE BARON	HARROW	11.02.8
3	D. PATERSON	SERPENTINE	11.40.0
4	C. OXLADE	TOWER HAMLETS	12.31.4

3000 metres S/C 'B'

1	GEOFF THOMPSON	HARROW	11.12.0
2	L. ROBERTS	SALISBURY	12.12.1
3	J. WALKER	SERPENTINE	12.43.0
4	M. PETERS	TOWER HAMLETS	15.54.7

110 metres hurdles (3' 6") 'A'

1	M. HALE	SALISBURY	18.2
2	PAUL STANTON	HARROW	18.7
3	J. HANID	LONDON	21.7
4	D. PATERSON	SERPENTINE	23.3
5	R. SAUNDERS	TOWER HAMLETS	24.9

110 metres hurdles (3' 6") 'B'

1	D. ROBINSON	TOWER HAMLETS	18.1
2	TIM HUGHES	HARROW	21.7
3	C. GIBBS	SERPENTINE	22.1

400 metres hurdles (3') 'A'

1	R. SAUNDERS	TOWER HAMLETS	62.3
2	GEOFF THOMPSON	HARROW	62.3
3	L. ROBERTS	SALISBURY	68.7
4	C. STRICKLAND	LONDON	81.2
5	J. WALKER	SERPENTINE	97.9

400 metres hurdles (3') 'B'

1	T. MCDOWELL	TOWER HAMLETS	65.1
2	RICHARD BROWN	HARROW	74.7
3	TONY MCGAHAN	SERPENTINE	76.8

4 x 100 metres relay 'A'

1	M. HALE / C. PEARN / R. MARSHALL / C. TRICKETT	SALISBURY	47.0
2	T. EZEKIEL / K. RICHARDS / D. ROBINSON / P. TUCKER	TOWER HAMLETS	47.6
3	names not declared	HARROW	48.3
4	C. GIBBS / D. MCINTOSH / N. SLADE / C. JORDAN	SERPENTINE	60.3

4 x 400 metres relay 'A'

1	names not declared	HARROW	3.41.4
2	M. HALE / L. ROBERTS / S. NORRIS / C. TRICKETT	SALISBURY	3.42.2
3	D. ROBINSON / R. SAUNDERS / T. MCDOWELL / P. TUCKER	TOWER HAMLETS	3.46.2
4	O. MERGSOV / C. JORDAN / F. COONEY / M. KATZ	SERPENTINE	4.11.3

High Jump 'A'

1	C. GIBBS	SERPENTINE	1.80	1.40-1	1.50-1	1.55-1	1.60-1	1.65-1	1.70-2	1.75-1
				1.80-1	RETD					
2	D. ROBINSON	TOWER HAMLETS	1.65	1.00-1	1.40-1	1.50-1	1.55-1	1.60-2	1.65-1	1.70-3f
3	C. PEARN	SALISBURY	1.55	1.40-1	1.50-1	1.55-3	1.60-3f			
4	PAUL STANTON	HARROW	1.50	1.00-1	1.40-1	1.50-1	1.55-3f			
5	C. STRICKLAND	LONDON	1.40	1.00-1	1.40-1	1.50-1f	RETD			

High Jump 'B'

1	L. ROBERTS	SALISBURY	1.40	1.00-1	1.40-1	1.50-1f	RETD			
2	TIM HUGHES	HARROW	1.00	1.00-1	1.40-1f	RETD				
	J. WALKER	SERPENTINE	1.00	1.00-1	1.40-1f	RETD				

Pole Vault 'A'

1	D. PATERSON	SERPENTINE	2.80	2.40-1	2.60-1	2.80-1	3.00-3f			
2	BRIAN HULL	HARROW	2.40	2.00-1	2.40-1	2.60-3f				

Pole Vault 'B'

1	T. MCGAHAN	SERPENTINE	2.60	1.40-1	2.00-1	2.20-1	2.40-1	2.60-3	2.80-3f	
2	TIM HUGHES	HARROW	2.40	1.40-1	2.00-1	2.20-1	2.40-2	2.60-1f	2.80-2f	

Long Jump 'A'

1	C. PEARN	SALISBURY	6.11	5.78	NJ	5.55	NJ	5.93	6.11	
2	C. GIBBS	SERPENTINE	6.01	5.71	6.01	-	NJ	5.56	5.90	
3	K. RICHARDS	TOWER HAMLETS	5.90	5.40	5.66	5.84	NJ	NJ	5.90	
4	MICHAEL MORRIS	HARROW	5.76	5.08	5.25	5.25	5.52	5.76	5.61	
5	C. STRICKLAND	LONDON	3.32	3.32	-	-	ELIM			

Long Jump 'B'

1	TIM HUGHES	HARROW	5.61	NJ	5.26	5.34	5.50	NJ	5.61	
2	L. ROBERTS	SALISBURY	5.20	NJ	5.20	NJ	NJ	NJ	NJ	
3	M. PETERS	TOWER HAMLETS	4.49	4.33	4.46	4.49	ELIM			
4	N. SLADE	SERPENTINE	4.20	4.02	4.14	4.20	ELIM			

Triple Jump 'A'

1	C. GIBBS	SERPENTINE	12.23	11.84	11.58	12.23	11.61	-	-	
2	C. PEARN	SALISBURY	12.03	11.58	11.88	12.03	-	-	-	
3	BRIAN HULL	HARROW	11.19	11.19	RETD					
4	K. RICHARDS	TOWER HAMLETS	11.17	10.44	10.99	11.17	10.54	10.95	11.01	

Triple Jump 'B'

1	L. ROBERTS	SALISBURY	10.65	NJ	10.65	NJ	-	-	-	
2	TIM HUGHES	HARROW	10.28	9.91	-	-	NJ	10.28	NJ	
3	T. MCGAHAN	SERPENTINE	9.11	8.87	9.11	9.05	ELIM			
4	M. PETERS	TOWER HAMLETS	8.81	8.28	8.48	8.81	ELIM			

Shot Putt 7.26 kilo 'A'

1	D. MCINTOSH	SERPENTINE	11.75	11.75	11.61	NT	11.66	NT	NT	
2	M. HALE	SALISBURY	10.72	10.54	10.72	NT	-	-	10.35	
3	T. ALEXANDER	TOWER HAMLETS	10.71	10.01	10.47	10.59	10.71	10.54	NT	
4	PAUL STANTON	HARROW	9.60	9.60	9.01	9.44	9.32	NT	9.34	
5	C. STRICKLAND	LONDON	5.45	5.37	5.45	-	ELIM			

Shot Putt 7.26 kilo 'B'

1	K. RICHARDS	TOWER HAMLETS	8.93	8.54	NT	8.39	8.75	8.93	NT	
2	R. GILLO	SALISBURY	8.81	7.45	8.02	8.81	8.30	7.96	8.79	
3	TIM HUGHES	HARROW	8.39	8.28	8.39	NT	ELIM			
4	D. LIPSCOMB	SERPENTINE	6.93	6.22	6.93	NT	ELIM			
5	P. SPERRY	LONDON	4.08	4.08	-	-	ELIM			

Discus 2 kilo 'A'

1	M. HALE	SALISBURY	37.24							
2	D. MCINTOSH	SERPENTINE	31.42							
3	BRIAN HULL	HARROW	28.34							
4	T. ALEXANDER	TOWER HAMLETS	26.99							
5	C. LEVY	LONDON	25.50							

Discus 2 kilo 'B'

1	R. GILLO	SALISBURY	25.62
2	PAUL STANTON	HARROW	24.12
3	C. STRICKLAND	LONDON	16.52
4	D. TURNER	SERPENTINE	16.18
5	M. PETERS	TOWER HAMLETS	13.93

Hammer 7.26 kilo 'A'

1	T. ALEXANDER	TOWER HAMLETS	30.64	30.64	-	-	-	-	-
2	D. MCINTOSH	SERPENTINE	24.87	21.96	22.22	22.26	22.79	21.00	24.87
3	BRIAN HULL	HARROW	22.26	19.45	NT	NT	NT	22.26	NT
4	P. SPERRYN	LONDON	8.58	6.30	8.58	-	ELIM		

Hammer 7.26 kilo 'B'

1	PAUL STANTON	HARROW	20.40	18.12	-	19.24	17.43	19.74	20.40
2	J. WALKER	SERPENTINE	16.10	16.10	15.74	-	NT	NT	13.85
3	M. PETERS	TOWER HAMLETS	13.56	11.60	NT	13.56	12/56	NT	12.90
4	C. STRICKLAND	LONDON	8.25	7.76	8.25	-	ELIM		

Javelin 800 grams 'A'

1	R. GILLO	SALISBURY	43.94	39.68	38.18	40.62	36.84	43.94	43.90
2	J. HANID	LONDON	39.22	29.42	35.40	33.38	-	37.88	39.22
3	BRIAN HULL	HARROW	37.46	37.46	35.40	35.32	36.02	37.00	36.70
4	T. ALEXANDER	TOWER HAMLETS	35.92	-	31.78	35.92	-	33.26	-
5	D. MCINTOSH	SERPENTINE	35.80	35.80	35.66	34.60	-	-	-

Javelin 800 grams 'B'

1	TIM HUGHES	HARROW	36.40	33.38	36.40	-	-	36.04	34.40
2	C. LEVY	LONDON	31.76	27.82	31.76	30.06	ELIM		
3	D. LIPSCOMB	SERPENTINE	27.92	16.78	27.92	27.14	ELIM		
4	R. MARSHALL	SALISBURY	21.34	18.84	21.34	-	ELIM		
5	T. MCDOWELL	TOWER HAMLETS	17.56	-	17.56	-	ELIM		

SCORES ANALYSIS

	HARROW	LONDON	SALISBURY	TOWER H	SERPENTINE
M-100	6	3	9	9	3
M-200	5	5	10	8	2
M-400	8	4	9	5	4
M-800	8	2	10	0	6
M-1500	7	0	8	4	9
M-5000	10	2	8	6	3
M-3000SC	9	0	9	4	6
M-110H	8	3	5	6	5
M-400H	8	2	3	10	4
M-4X1	3	0	5	4	2
M-4X4	5	0	4	3	2
M-HJ	5.5	1	8	4	8.5
M-PV	8	0	0	0	10
M-LJ	7	1	9	6	6
M-TJ	7	0	9	4	8
M-SP	5	2	8	8	7
M-DT	7	4	10	3	6
M-HT	8	4	0	8	8
M-JT	8	8	7	3	4
MATCH TOTAL	132.5	41	131	95	103.5

	HARROW	LONDON	SALISBURY	TOWER H	SERPENTINE
Sprints	19	12	28	22	9
Middle Distance	34	4	35	14	24
Hurdles	16	5	8	16	9
Relays	8	0	9	7	4
Track	77	21	80	59	46
Vertical Jumps	13.5	1	8	4	18.5
Horizontal Jumps	14	1	18	10	14
Throws	28	18	25	22	25
Field	55.5	20	51	36	57.5
MATCH TOTAL	132.5	41	131	95	103.5

19 events out of 19

TEAM SCORES

1	HARROW	132.5
2	CITY OF SALISBURY	131
3	SERPENTINE	103.5
4	TOWER HAMLETS	95
5	LONDON	41

SOUTHERN LEAGUE Non Scoring Events

Held at Harrow Weald

Saturday 1 May 1999

5000 metres 'A'

1	C. HERRINGTON	MILTON KEYNES	14.48.0
2	K. THOMPSON	LONDON IRISH	15.24.4
3	D. OJERA	LONDON IRISH	15.52.8
4	I. VANLOKVEN	MILTON KEYNES	15.53.8
5	ANDY HOILES	HARROW	16.31.0
6	STUART LITTLEWOOD	HERCULES WIMB	16.33.0
7	J. BLANCHARD	EALING S & M	16.34.6
8	STEVE JONES	HARROW	16.36.7
9	RICHARD FRANCIS	HARROW	16.45.7
10	P. CARTER	EALING S & M	17.09.6
11	MARK MCINTOSH	HARROW	17.18.4
12	MARTIN O'HALLORAN	HERCULES WIMB	17.19.5
13	D. GREENE	SALISBURY	17.43.0
14	C. OXLADE	TOWER HAMLETS	18.40.1
15	NOT DECLARED	LONDON	18.43.0
16	A. ROBINSON	SALISBURY	19.05.2
17	E. DUNLAP	SERPENTINE	20.18.8
18	R. LYONS	TOWER HAMLETS	20.52.7
19	C. JORDAN	SERPENTINE	20.55.9

100 metres 'A'

1	JOHN SKEETE	HARROW	10.9	<i>M</i>
2	ROHAN SAMUEL	HARROW	11.0	<i>M</i>
3	JUSTIN KEANE	HARROW	11.9	<i>M</i>
4	ALAN PERRY	HARROW	14.4	<i>M40</i>

Pole Vault 'A'

1	MATT WEAVER	HARROW	4.60	4.40-2	4.60-2	4.80-3f
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1500 metres 'A'

1	RICHARD BROWN	HARROW	5.04.1
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Discus 2 kilo 'A'

1	LUKE ROSENBERG	HARROW	46.40	44.06	46.40	NT	NT	43.86	42.58
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