

**OLD GAYTONIANS ALL TIME TRACK & FIELD RANKINGS.**

The following is an attempt to produce a club all time list. Performances are pretty well complete for the past 11 years, but performances prior to 1970 are obviously a "grey area", although it should be remembered that a high percentage of the best marks have been achieved in recent years, and club fixtures up to 10 years ago were almost all on grass tracks, whereas most recent marks have been made on tartan or superior jumps areas. Apologies in advance for any exclusions (and for some inclusions!). Performances in the main rankings are those achieved in competition for the club or in county/S.C.A.A.A. representative matches, any superior mark achieved in school or university competition is noted underneath, except for "non-standard" events e.g. 1000m, 1 mile, where any known performance is ranked. Some performances prior to 1970 on the track have been converted to metric equivalents, as have field event performances prior to 1972. After each mark is the year it was achieved and the venue, if known, 'v' indicating a mark achieved on more than one occasion. Performances are listed if they are better than the current club standard or equivalent.

Abbreviations for venues: AA/AAA Champs, AL/Aldershot, BA/Bannister, BD/Bedford, BL/Basildon, BN/Bournemouth, BR/Brighton, BS/Bury St. Edmunds, BU/Birmingham Univ, C/Copthall, CA/Cambridge, CB/Cobham, CF/Cosford, CH/Chelmsford, CL/Cleckheaton, CN/Colindale, CP/Crystal Palace, CW/Crawley, CY/Croydon, DT/Dortmund, EL/E London, EN/Enfield, ES/Eastbourne, EI/Eltham, EW/Ewell, GF/Greenford, GR/Grays, GT/Gateshead, HC/Harrow County, HN/Hannover, HV/Hornchurch, HY/Hayes, KC/Kings Coll Ruislip, LN/Lenbury, LT/Luton, LU/Leeds Univ, LV/Liverpool Univ, MD/Maidenhead, ME/Meadhurst, ML/Malden, MS/McMillan, MS/Motspur Pk, MT/Merton, MU/Manchester Univ, NC/Nice, NH/Newham, NM/New Malden, NO/Norbiton, NR/New River, NW/Norwich, PH/Parliament Hill, PK/Park Royal, PT/Peterborough, RD/Reading, RE/Redhill, RO/Roehampton, RV/Ravensbourne, s/at school, SH/Southall, SM/Southampton, SO/Southend, SP/Spalding, ST/Sittard, SU/Sunbury, SV/Stevenage, TD/Teddington, TW/Twickenham, WA/Watford, WD/Windsor, WE/Welwyn, WG/Woodford, WL/W London, WI/Wycombe, Y/Yeovil. + - date approximate.

100 METRES (12.0)		24.2 A.Wiggett 72		54.9 M.Chippendale 80		2.09.1 I.Garrod 79	
10.7 J.Moseley 76 BA		I.Martin 73 BA		55.0 R.Heath 79		2.09.2 M.Allen 80	
10.8 P.Victor 65 HC		C.Lewis 79		M.Wingfield 79		2.09.3 R.Kraushaar 74	
11.0 Bellamy 61+HC		H.McInnes 80 BA		P.Stanton 80		2.09.4 L.Steers 78	
J.Mahaffey 70/1v		24.3 D.Munday 73 BA		55.1 C.Birtles 81 RD		2.09.6 A.McGahan 70	
A.Yarrow 79 BS		G.Hiscocks 74 SU		55.2 A.Robson 79		2.09.9 C.Cornwell 78	
S.Burke v		L.Steers 78		55.4 M.Cursons 79		2.10.0 J.Mortimer 78 CW	
11.1 A.Wiggett 70		24.4 T.Raine 70		55.5 J.Mahaffey 70		I.Barnfather 79 PH	
R.Stevens 71 SM		G.Sillitoe 74		55.6 K.Hines 70		2.10.4 D.Franks 70	
S.Pound 81 v		24.5 G.Harrison 72		R.Philps 79		C.Greatrex 78 C	
11.2 S.Woodley 27 HC		S.Banks 76 BA		55.7 I.Martin 73 ME		2.11.5 V.Reynolds 80	
11.3 D.Franks 70		D.Richardson 80		M.Allen 79		2.11.8 R.Fox 81 CP	
B.Townley 80		M.Chippendale 80		56.0 P.Nowak 75		<u>other performances</u>	
11.5 B.Davidson 74 RV		24.6 R.Philps 72		56.3 R.Griffiths 76 BA		1.50.8 J.Powell 30+	
R.Philps v		R.Griffiths 76		<u>relay legs - official tms.</u>		1.59.3 A.Bush 65 BU	
D.Stevens 74 RV		24.7 W.Thomas 79		48.2 J.Moseley 81 HV		<u>1000 METRES (2.50.0)</u>	
M.Beckley 81 BA		P.Hinds 80		50.6 H.McInnes 81 HV		2.36.6 H.McInnes 81 CL	
11.6 T.Raine 70		24.8 P.Marriott 78 C		51.0 A.Sebley 81 EN		2.41.0 J.Moseley 78 C	
F.Esteve 72		J.Hughes 80		<u>other performances</u>		2.44.4 A.Robson 78 C	
S.Banks 76 v		24.9 A.Bush 64/5v		47.5 J.Powell 29+		<u>1500 METRES (4.35.0)</u>	
11.7 F.Berry 70		J.Waldron 73 ED		50.9 H.McInnes 81 DT		3.50.6 P.O'Brien 79 CP	
G.Harrison 71		M.Critchlow 79		53.8 M.Smith 81 C		3.52.5 H.McInnes 81 BR	
F.Nowak 75 LN		H.Davies 80		<u>600 METRES (1.40.0)</u>		3.54.7 M.Lepps 79 WL	
M.Littlejohns 80 RO		C.Birch 81 RD		83.8 J.Moseley 78 NR		3.59.2 T.Perkins 81 BR	
T.Nicholas 81 RD		<u>400 METRES (56.5)</u>		<u>800 METRES (2.12.0)</u>		3.59.5 R.Heath 79 C	
11.8 G.Cutts 70		48.3 J.Moseley 78 C		1.49.5 J.Moseley 81 CP		4.00.3 G.Sillitoe 76 BA	
D.Philps 70		50.3 B.Davidson 80		1.52.1 H.McInnes 81 LT		4.00.8 M.Cursons 79	
G.Poole 72		50.5 S.Burke 78		1.53.4 G.Sillitoe 76 CP		4.01.1 I.Pursell 75 SU	
K.Jones 75 LN		51.0 J.Jenkinson 63 HC		1.56.0 P.O'Brien 78 C		4.02.7 M.Green 79	
M.Meares 80		51.1 J.Powell 29 HC		1.56.7 M.Lepps 79 AL		4.03.6 P.Griffiths 73 ME	
J.Hughes 80		51.2 A.Wiggett 70		1.57.1 D.Wolfe 74 HY		4.04.6 D.Wolfe 73 CP	
M.Critchlow 80		51.3 H.McInnes 81 NR		1.57.8 T.Perkins 81 BR		4.07.0 J.Moseley 81 C	
11.9 D.Richardson 79		52.0 A.Sebley 80 RO		1.58.8 I.Pursell 75 BA		4.08.0 A.Bush 64 MT	
M.Chippendale 80		52.2 S.Pound 79		1.59.4 P.Griffiths 73 EL		A.Deighton 80	
12.0 J.Waldron 73 ED		52.4 G.Sillitoe 76		A.Bush 64 HC		4.13.2 C.Finill 80 NR	
R.Griffiths 76		D.Stevens v		1.59.5 B.Davidson 80 NR		4.13.3 L.Harvey 80	
<u>200 METRES (25.0)</u>		52.8 D.Franks 72		1.59.8 R.Heath 79		4.14.0 J.Mortimer 78	
21.9 J.Moseley 78 RO		52.9 M.Littlejohns 80		1.59.9 J.Jenkinson 61 HC		4.14.4 B.Baldwin 61+HC	
22.3 S.Burke 80		53.1 A.Bush 65 GF		M.Cursons 79 EN		81 EN	
22.5 S.Pound 81 WD		53.2 A.Lee 81 v		M.Green 75 RV		78 BA	
22.8 P.Victor 66 HC		53.5 M.Edwards 71 MT		2.01.7 M.Green 75 RV		4.14.5 D.Orme 78 BA	
22.9 B.Townley 79		53.7 P.O'Brien 78 CN		2.02.1 L.Harvey 80		4.17.4 J.Deighton 80	
23.0 J.Mahaffey 71 CY		T.Perkins 81 EN		2.02.2 M.Littlejohns 81 LT		4.18.0 R.Kraushaar 74 RV	
23.1 F.Esteve 70		G.Poole 73 MT		2.02.4 M.Wingfield 79		4.19.0 I.Barnfather 79 C	
B.Davidson 74 HY		53.9 M.Smith 81 EN		2.02.6 A.Hopson 81 WA		4.20.0 F.Nichols 75 RO	
M.Littlejohns 79		54.1 I.Garrod v		2.02.8 J.Powell 31 HC		4.22.4 R.Ball 81 EN	
23.2 A.Yarrow 79 BS		54.2 D.Wolfe 73 SU		2.03.6 A.Robson 79		4.23.5 A.McGahan 73 BA	
23.5 H.Farmer 36 HC		G.Hiscocks 74 BA		2.03.7 M.Turner 81 RD		4.24.8 M.Johnson 78	
23.6 R.Stevens 72		J.Holme 78 PH		2.04.2 J.Newell 77		4.25.5 A.Hopson 81 FT	
T.Nicholas 81 v		L.Steers 78 RO		2.05.9 A.Deighton 80 NR		4.30.0 J.Newell 75	
23.8 I.Garrod 79 RO		54.5 W.Thomas 79		2.06.0 D.Stevens 80		D.Stevens 79	
M.Beckley 81 RD		54.6 M.Lepps 78 C		2.06.4 M.Johnson 78 C		M.Littlejohns 79	
23.9 D.Stevens 74		N.Sebley 78		2.07.9 J.Deighton v		K.Hines 71	
F.Nowak 70		54.7 I.Pursell 75 LN		2.08.0 C.Finill 80 BA		I.Garrod 79 WL	
24.1 F.Berry 70		J.Greatrex 76		2.08.5 K.Hines 71		C.Greatrex 75 BA	
D.Franks 70		J.Newell 78 PH		2.09.0 S.Burke 76		81 WA	
M.Horton 81 BA		54.8 T.Raine 71		<u>other performances</u>		3.58.5 A.Bush 65 BU	
						4.11.0 D.Orme 79 CL	

<u>1 MILE (5.00.0)</u>		
4.07.0	J.Powell	30+
4.16.4	H.McInnes	81 CP
4.18.5	A.Bush	65 BU
4.23.0	I.Pursell	77 WL
4.50.0	S.Newman	39 HC
4.56.0	D.Orme	80 LU
<u>3000 METRES (10.00.0)</u>		
8.18.6	P.O'Brien	79 WL
8.25.8	P.Griffiths	76 MT
8.26.1	R.Heath	79 C
8.29.2	M.Lepps	80 CB
8.34.0	M.Green	79
8.38.4	A.Deighton	80 CP
8.38.8	I.Pursell	77
8.43.0	M.Cursons	81 BR
8.48.8	L.Harvey	80 PH
8.49.4	D.Orme	79 BA
8.51.0	G.Sillitoe	76
8.57.2	C.Finill	80 PH
9.02.0	D.Wolfe	73 CP
9.02.0	J.Mortimer	80
9.02.4	H.McInnes	80 C
9.04.0	A.Bush	64 PR
9.06.0	C.Cornwell	78
9.11.0	R.Kraushaar	71 MT
9.11.2	J.Moseley	76
9.11.7	T.Perkins	80 C
9.12.0	I.Barnfather	80
9.13.0	S.Penny	80
9.20.0	R.Ball	80
	M.Johnson	78
9.21.0	G.Smith	79
9.25.0	P.Nichols	76
	J.Deighton	79
9.28.6	A.Robson	80
9.50.0	M.Wingfield	79
9.55.0	C.Greatrex	76
10.00.0	J.Newell	76 BA
<u>other performances</u>		
8.58.8	A.Bush	64 HN
<u>2 MILES (10.35.0)</u>		
9.44.6	A.Bush	65 BU
9.45.8	D.Orme	80 CL
<u>3 MILES (17.05.0)</u>		
15.21.0	A.Bush	65 KC
17.01.0	J.Dickson	23 HC
<u>5000 METRES (17.30.0)</u>		
14.35.4	R.Heath	79 CP
14.38.2	P.O'Brien	81 HV
14.40.0	M.Green	78 CP
14.42.3	M.Lepps	81 LT
14.56.6	M.Cursons	81 RD
15.01.5	A.Deighton	80 EN
15.15.5	S.Penny	81 WA
15.19.6	I.Pursell	78 C
15.22.6	P.Griffiths	70
15.35.2	C.Cornwell	79 ED
15.36.1	D.Orme	81 RD
15.38.0	C.Finill	80 NR
15.44.2	G.Smith	79 AL
15.49.0	R.Kraushaar	75 NR
15.50.4	D.Wolfe	77 ES
15.56.0	A.Bush	64 HC
15.58.8	R.Ball	80
16.05.8	G.Sillitoe	73
16.19.0	I.Barnfather	81 C
16.20.5	L.Harvey	80
16.27.0	J.Moseley	79
16.28.6	J.Mortimer	78 RO
16.30.0	A.Green	61 HC
17.10.0	A.Robson	78 RO
17.14.8	P.Nichols	76 CH
17.15.0	J.Deighton	79
17.25.0	T.Perkins	79 RO
<u>other performances</u>		
14.27.4	P.O'Brien	81 CP
15.09.3	D.Orme	79 LV
16.30.0	H.McInnes	81 MU

<u>6 MILES (35.00.0)</u>		
34.00.0	A.Bush (approx)	64 KC
<u>10000 METRES (37.00.0)</u>		
30.59.6	M.Green	81 C
31.34.0	D.Orme	79 CP
33.09.8	R.Heath	81 CP
33.13.0	G.Smith	79 C
34.15.0	R.Kraushaar	74 C
<u>other performances</u>		
30.58.0	P.O'Brien	79 GF
<u>110 M. HURDLES (19.0)</u>		
14.9	S.Burke	78 CP
15.4	J.Moseley	77 WL
15.9	M.Bartlett	81 v
16.0	M.Littlejohns	81 HV
	R.Philps	76 BA
16.1	D.Stevens	v
16.7	S.Banks	76 PH
	M.Chippendale	80
17.7	R.Stevens	74 HY
17.8	A.Lee	79 BA
17.9	S.Maughan	76 BA
18.2	R.Griffiths	76 BA
18.3	H.Davies	80
18.9	P.Stanton	80
19.0	L.Steers	78
<u>3' 3" hurdles</u>		
15.6	M.Littlejohns	81 EN
<u>400 M. HURDLES (66.0)</u>		
55.5	M.Littlejohns	81 NR
56.0	S.Burke	v
56.1	D.Stevens	76
56.8	M.Chippendale	80 MS
57.3	A.Sebley	81 HV
	J.Moseley	78 CH
58.7	W.Thomas	81 EN
59.7	M.Bartlett	81 RD
59.8	P.O'Brien	75 BA
60.3	R.Philps	v
60.7	H.Davies	78 PH
61.1	A.Lee	79
61.6	P.Stanton	81 EW
62.0	I.Pursell	75 SH
62.2	L.Steers	78 C
63.1	S.Rigby	74 BD
63.3	I.Garrod	79
63.8	G.Pooler	72
	T.Raine	71
63.9	M.Cursons	78 NR
	A.Robson	78 PH
64.5	C.Finill	80 SH
65.3	M.Green	79
65.4	A.McGahan	v
<u>1500 M. S/C (5.45.0)</u>		
4.55.6	S.Penny	78 CN
5.12.7	S.Hextall	76 C
5.23.8	I.Buck	81 WD
5.27.3	J.Deighton	76 C
5.37.6	S.Cass	81 HY
<u>2000 M. S/C (7.00.0)</u>		
6.01.7	M.Green	81 NR
6.05.4	M.Cursons	80 EN
6.12.5	P.O'Brien	76 C
6.22.2	R.Ball	81 EN
6.33.0	S.Penny	80 CP
6.51.0	C.Finill	76 CN
<u>other performances</u>		
5.40.8	P.Griffiths	76 CP
6.22.6	H.McInnes	79 C
<u>other performances (indoors)</u>		
5.34.2	P.Griffiths	77 CP
<u>3000 M. S/C (11.15.0)</u>		
9.12.4	M.Green	81 CP
9.34.6	C.Finill	80 WL
9.36.5	M.Cursons	81 Y
9.39.0	I.Pursell	78 CH
9.48.3	S.Penny	81 BA
9.49.5	R.Ball	81 RD
9.50.0	P.O'Brien	76

10.15.8	I.Barnfather	79
10.34.0	G.Sillitoe	73 WA
10.34.6	D.Wolfe	75 BA
10.45.8	R.Kraushaar	75 BA
10.48.4	A.Robson	78 BA
11.02.6	M.Johnson	78
11.03.6	R.Heath	75 TD
<u>other performances</u>		
8.30.6	P.Griffiths	77 NC
9.47.5	H.McInnes	81 ST
<u>1 MILE WALK</u>		
7.03.0	T.Misson	57 HC
<u>2000 METRES WALK</u>		
10.57.0	I.Pursell	74 MT
11.44.4	P.Nichols	75 MT
11.53.6	K.Hines	75 MT
12.36.8	T.Raine	73 MT
<u>20 MILES WALK</u>		
2.45.19	T.Misson	59 AA
<u>HIGH JUMP (1.55)</u>		
1.90	M.Bartlett	80/iv
	G.Eunnett	81 LT
1.87	D.Oldfield	79 C
1.85	R.Philps	78 C
1.83	J.Russell	65 HC
1.76	D.Stevens	77 SU
1.75	I.Garrod	81 PH
1.73	S.Burke	76 BA
1.72	F.Esteve	75
1.70	R.Fox	81 v
1.69	G.Clark	27 HC
	R.Stevens	74 HY
1.65	J.Mahaffey	71
	A.Moore	75
	M.Evangeli	80
	S.Hextall	80
	M.Meares	80
	P.Stanton	80
	P.Vanderwert	81 BA
1.62	R.Griffiths	76 BA
1.60	B.Dowding	81 v
1.56	G.Harrison	73 SP
1.55	G.Hiscocks	74
	J.Moseley	v
	A.Horrell	76 BA
	P.Nowak	79
	M.Allen	80
	W.Thomas	80
<u>other performances</u>		
1.75	R.Fox	81 C
1.71	A.Moore	71 s
<u>POLE VAULT (2.00)</u>		
3.50	B.Chillery	81 v
3.40	A.Burland	81 LT
3.35	J.Secker	81 EW
3.30	R.Griffiths	80 WL
3.20	A.Rogers	80 NR
3.10	C.Cox	v
2.95	K.Jones	76 NH
2.80	J.Deighton	81 BA
2.75	I.White	81 WE
2.50	S.Maughan	76 C
	L.Hamilton	79
2.45	C.Greatrex	78 BA
2.40	C.Cornwell	79
2.30	S.Burke	76 PH
2.15	C.Ball	80
2.05	D.Thomas	79
2.00	V.Cantle	81 BA
<u>other performances</u>		
2.80	S.Maughan	74 BA
	I.White	81 C

<u>LONG JUMP (5.35)</u>		
6.97	R.Philps	79 C
6.64	D.Philps	70 HC
6.62	J.Hughes	81 CA
6.51	D.Stevens	80 EN
6.41	G.Clark	27 HC
6.40	F.Esteve	78 Y
6.39	T.Hughes	79 HV
6.36	B.Townley	79
6.35	J.Russell	70
6.33	J.Mahaffey	70
6.30	M.Meares	80
6.27	P.Nowak	79 EN
6.15	M.Chippendale	80
6.07	S.Burke	75 BA
5.96	A.Kingsbury	71
	H.Davies	78 PH
5.91	R.Griffiths	76
5.89	J.Moseley	73
5.88	S.Pound	78
5.78	M.Littlejohns	79
	D.Nicholson	81 EN
5.76	S.Banks	76 MD
5.74	P.Vanderwert	81 WD
5.72	R.Stevens	71
	M.Critchlow	79
5.71	A.Wiggett	70
5.69	J.Mannion	73
5.64	A.Sutcliffe	78
5.61	M.Evangeli	80
5.55	G.Harrison	72
5.46	L.Taylor	70
	W.Thomas	79
5.44	A.Yarrow	79
5.42	D.Thomas	79
5.41	P.Hinds	79
5.38	F.Berry	70
<u>TRIPLE JUMP (11.00)</u>		
15.47	R.Philps	79 EN
13.55	F.Esteve	78 Y
13.50	P.Nowak	79 WY
12.95	A.Lamb	81 BA
12.92	M.Chippendale	80 EN
12.84	D.Stevens	79 EW
12.80	D.Philps	70 HC
12.39	R.Stevens	71
12.31	C.Birtles	81 WD
12.28	I.Garrod	79 C
12.23	P.Stanton	80
12.19	A.Wiggett	70
	P.Vanderwert	81 WD
12.11	J.Moseley	76
12.08	S.Burke	76
12.04	J.Mannion	73 BA
12.03	P.Hinds	80
12.00	M.Meares	80 NR
11.99	R.Griffiths	76
11.95	W.Thomas	80
11.73	M.Allen	80
11.55	T.Raine	70
	L.Steers	80
11.45	T.Wright	81 BA
11.37	C.Greatrex	76 CH
11.26	J.Newell	79
11.25	J.Mahaffey	70
	M.Littlejohns	80
11.12	I.Pursell	75
11.02	M.Bartlett	80
<u>other performances</u>		
11.97	S.Rigby	74 BA
<u>HAMMER (20.00)</u>		
41.82	L.Steers	81 HV
41.40	S.Freedman	81 CA
31.06	S.Taylor	79
30.45	C.Stanley	79
27.80	N.Hayes	80
26.72	A.Cresswell	75
24.16	C.Greatrex	81 BA
22.79	D.Thomas	80
22.59	G.Harrison	73 BA
21.38	M.Fountaine	81 BL
20.90	M.Pieczora	75

**SHOT PUT (9.00)**

16.31	A.Kerr	73	EL
12.64	L.Steers	81	BA
11.98	Uphill	61	HC
11.94	N.Hayes	81	BA
11.46	K.Kazmierczak	70	
11.06	D.Pearham		
10.99	R.Stevens	72	BS
10.88	C.Stanley	80	
10.62	R.Omadiagbe	81	EW
10.46	S.Taylor	77	RE
10.06	M.Pieczora	75	
9.95	R.Philps	79	
9.86	A.Lamb	79	
9.80	J.Russell	80	
	A.Cresswell	75	
9.75	G.Harrison	72	
9.42	H.Davies	80	
9.36	A.Yarrow	79	
9.21	F.Esteve	74	
9.20	J.Fennelly	80	
	other performances		
16.70	A.Kerr	75	CP

**DISCUS (26.00)**

50.90	A.Kerr	72	BA
38.82	L.Steers	81	BA
38.26	J.Fennelly	81	BA
35.26	R.Griffiths	78	SO
33.92	K.Kazmierczak	70	
33.34	Uphill	61	HC
30.21	G.Harrison	75	BA
29.96	S.Taylor	77	RO
28.97	J.Waldron	74	BA
28.49	M.Pieczora	74	ED
28.39	A.Cresswell	71	
28.04	R.Philps	78	
27.55	J.Russell	70	
27.42	N.Hayes	80	
26.94	T.Hughes	80	
26.72	S.Freedman	76	BN
26.54	A.Lamb	80	
26.45	L.Taylor	70	
26.40	A.Sebley	80	
26.38	M.Flack	76	C
26.05	S.Burke	76	

**JAVELIN (34.00)**

53.22	P.Parry	81	LI
52.94	S.Taylor	78	MM
51.18	D.Bateman	61	HC
49.16	T.Gough	61	HC
43.28	R.Griffiths	80	
43.08	A.Lamb	80	
42.50	G.Harrison	73	SP
41.91	L.Taylor	70	
41.50	L.Steers	81	Y
41.24	P.McElwain	81	BL
41.22	D.Thomas	79	
40.89	J.Russell	70	
40.17	S.McKenna	81	EW
39.92	J.Mahaffey	71	
39.88	D.Frankel	78	
38.40	F.Esteve	78	
38.14	R.Stevens	72	
37.81	S.Green	76	ML
37.73	F.Berry	70	
37.13	P.Nichols	75	BA
36.56	A.Yarrow	79	
36.54	M.Littlejohns	80	

36.04	K.Jones	76	BA
35.81	R.Philps	71	
35.44	A.Robson	79	
34.55	J.Wickham	80	
34.28	A.Kerr	73	
	other performances		
54.80	B.Bellwood		

**DECATHALON**

5285	S.Burke	76	
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The most club standards by athletes in regular events for O.G.'s

12	J.Moseley		
11	S.Burke		
10	R.Griffiths		
	L.Steers		
	M.Littlejohns		
9	R.Philps		
	D.Stevens		

**RELAY PERFORMANCES**

4 x 100m	43.9	78	S.Pound	J.Moseley	R.Philps	S.Burke		
4 x 400m	3.28.3	81	A.Sebley	B.Davidson	H.McInnes	J.Moseley	(at Havering)	
400/200/100/100 Medley	1.38.3	76	composition unknown - at Bannister					
800/400/200/200 Medley	3.41.7	73	P.Griffiths	D.Wolfe	B.Davidson	G.Poole	(at Merton)	

On the subject of ranking lists, the following Old Gayts were ranked nationally in 1980:  
 400m 84th= J. Moseley 49.1, 2000m S/C Junior 21st M. Cursons 6.05.4,  
 3000m S/C 100th M. Green 9.25.1, Triple Jump 16th R. Philps 15.16,  
 400m hurdles Junior 24th M. Littlejohns 56.5, 27th= M. Chippendale 56.8.

**MIDDLE DISTANCE CLUB RECORDS 1981.**

The first club record to be set this year was in the 10000m, which was only declared eligible for club records this season. Mike Green ran a fine solo 30.59.6 at Cophall at Easter beating the previous best time by a club athlete by more than 30 secs. Mike also broke the 3000m S/C record twice, first in the Middlesex Championships then in the G.R.E. Cup match at Crystal Palace, recording 9.12.4, and he set a club best time of 6.01.7 for the 2000m S/C. Jim Moseley finally broke 1.50 for the 800m in a B.M.C. race at Crystal Palace in August, having had an outstanding season in the 400m/800m winning the double in all 6 Southern League matches, plus the county title. Hamish McInnes has also had a fine season at the 800m breaking the club junior record several times, although some of these times were in university matches, ending with a 1.52.1 in the British League qualifying match for 2nd place behind Paul Davies-Hale. He set a club junior record of 3.52.5 for the 1500m winning a junior inter-counties match at Brighton, and set a club best time of 2.36.6 for the 1000m in the Yorkshire Bank Shield match at Cleckheaton in March. Hamish also ran 4.16.4 for the 1 mile, fastest by an Old Gayt for more than 50 years! Only Jack Powell, a former Olympic athlete, has run faster. Hamish also ran faster than the junior record for the 3000m S/C running 9.47.5 for a combined Leeds/Manchester/Liverpool universities team in Sittard/Holland, but this didn't qualify for an official record. Mark Cursons put the issue of the record straight by running a solo 9.36.5 to win the Southern League at Yeovil. Mark also broke the 5000m junior record with 14.56.6 at Reading at the end of August. The senior 5000m record survived several close runs, despite 5 club athletes running sub 15 mins this year, although Phil O'Brien ran an ineligible 14.27.4 finishing 3rd in the U.A.U. championships.

**FORTHCOMING CROSS-COUNTRY FIXTURES.**

Oct. 17th	Old Gayts Diamond Jubilee + Schools Races at Bannister.	Schools races (u/16 + u/14) at 1.30, seniors at 3 p.m. Arrive early!
Oct. 24th	Chiltern League at Banbury (Finill special).	
Nov. 7th	Lyddiard Trophy at Park Wood, Ruislip.	
Nov. 14th	North London C.C. Championships at Bannister.	
Nov. 21st	North of the Thames Junior + Boys race.	This is priority match where we have an excellent chance of medals.
Nov. 28th	Wolverton 5 mile road race.	
Nov. 28th	Kerton Schools Trophy at Northwood (youths).	
Dec. 6th	London Fire Brigade Road Relay at Lambeth.	
Dec. 12th	London Old Boys Race at Wimbledon Common.	
Dec. 19th	Chiltern League at Aylesbury.	

+++ The next club newsletter will probably be out by the 3rd Chiltern League.