

MUIR CUP MEETING 1979
held at Westwood Track, Leeds, 16th June

100 m "A"

1	A. Greasley (Leeds)	11.2
2	A. Holliday (Manchester)	11.4
3	A. Pickering (Sheffield)	11.6
4	L. Benjamin (Newcastle)	11.7
5	J. Evans (Hull)	12.5
6	Edwards (York)	12.6

100 m "B"

1	M. Williamson (Manchester)	11.5
2	N. Sheffrin (Sheffield)	11.9
3	Goodwin (York)	11.9
4	Poole (York N/S)	12.0
5	A. Paten (Durham)	12.5
6	N. Branch (Hull)	13.2

200 m "A"

1	A. Greasley (Leeds)	22.4
2	M. Williamson (Manchester)	23.5
3	L. Benjamin (Newcastle)	24.0
4	M. Pickering (Sheffield)	24.1
5	A. Maurice (Durham)	25.0

200 m "B"

1	S. Howard (Sheffield)	23.7
2	A. Holliday (Manchester)	24.5
3	H. Bevan (Durham)	25.0
4	Poole (York)	25.9
5	N. Sheffrin (Sheffield N/S)	25.9

400 m "A"

1	S. Yolley (Manchester)	51.4
2	M. Pickering (Sheffield)	51.8
3	A. Hill (Leeds)	53.6
4	N. Branch (Hull)	55.0
5	Corbuth (York)	56.4

400 m "B"

1	M. Lee (Manchester)	53.2
2	J. Sewell (Sheffield)	55.5
3	J. Evans (Hull)	55.9

800 m

1	T. Dunne (Newcastle)	1.54.2
2	P. Johnson (Leeds)	1.55.2
3	C. Donnelly (Durham)	1.59.6
4	A. Evans (Leeds)	1.59.7
5	J. VanLeeuwen (Leeds N/S)	2.05.2
6	V. King (Sheffield)	2.05.3
7	D. Woodhouse (York)	2.05.8
8	A. Hill (Leeds N/S)	2.10.0
9	K. Holroyd (Leeds N/S)	2.18.2
10	J. Barker (Hull)	2.24.0

1500 m

1	C. Hickey (Durham)	4.01.4
2	M. Cody (York)	4.05.7
3	D. Ellis (Durham)	4.06.8
4	A. Evans (Leeds)	4.07.0
5	G. Smith (Durham N/S)	4.08.6
6	G. Heathers (Leeds)	4.10.8
7	K. Nelson (York)	4.16.2
8	S. Scott (Liverpool - gst)	4.20.1
9	S. Woods (Leeds N/S)	4.33.7
10	M. Kilburn (Manchester)	4.35.7
11	V. King (Sheffield)	4.46.4
12	? ? ? (N/S)	4.47.6
13	D. Woodhouse (York N/S)	5.00.7
14	J. Pisockyjiba (Manchester)	5.17.7

5000 m

1	K. Nelson (York)	15.27.3
2	D. Orme (Leeds Graduates)	15.44.0
3	S. Woods (Leeds)	15.51.4
4	N. Jennings (Leeds Poly-gst)	16.28.1
5	J. Barker (Hull)	18.54.3
6	G. Duckworth (Durham)	19.30.3

110 m Hurdles "A"

1	A. Bevan (Durham)	16.9
2	Edwards (York)	17.1
3	S. Howard (Sheffield)	17.2
4	N. Branch (Hull)	22.4

110 m Hurdles "B"

1	G. Pazdzielski (Sheffield)	17.5
2	A. Maurice (Durham)	18.4
3	J. Yolloye (Manchester)	18.5

400 m Hurdles 1st race

1	A. Maurice (Durham)	60.7
2	N. Branch (Hull)	62.2
3	T. Taylor (Leeds)	66.5

400 m Hurdles 2nd race

1	S. Howard (Sheffield)	59.8
2	S. Yolley (Manchester)	61.4
3	M. Pickering (Sheffield)	62.0

High Jump

1	L. Wall-Row (Durham)	1.95
2	G. Pazdzielski (Sheffield)	1.85
3	J. Yoloyo (Manchester)	1.85
4	I. Husain (Leeds)	1.80
5	M. Pickering (Sheffield)	1.55

Javelin

1	G. Amos (Manchester)	44.96
2	E. Sharp (Leeds)	42.55
3	G. Pazdzierski (Sheffield)	42.22
4	M. Pickering (Sheffield)	36.12
5	M. Ilingworth (York)	34.42
6	D. Oluwa (Manchester)	31.53
7	N. Branch (Hull)	26.54
8	C. Duckworth (Durham)	25.94
9	T. Taylor (Leeds)	24.46

Long Jump

1	M. Pickering (Sheffield)	6.38
2	M. Holliday (Manchester)	6.20
3	G. Pazdzierski (Sheffield N/S)	5.91
4	D. Oluwa (Manchester)	5.88
5	L. Wall-Row (Durham)	5.75
6	Goodwin (York)	5.74
7	N. Sheffrin (Sheffield)	5.73
8	A. Paten (Durham)	5.22
9	N. Branch (Hull)	5.09
10	A. Bevan (Durham N/S)	4.94
11	T. Taylor (Leeds)	4.90

Triple Jump

1	M. Pickering (Sheffield)	12.64
2	J. Evans (Hull)	12.49
3	G. Pazdzierski (Sheffield)	12.44
4	Goodwin (York)	11.53
5	A. Paten (Durham)	11.33
6	N. Sheffrin (Sheffield N/S)	11.15
7	L. Wall-Row (Durham)	10.94
8	T. Taylor (Leeds)	9.96

Shot Putt

1	G. Dedes (Newcastle)	11.94
2	C. Duckworth (York)	11.78
3	G. Pazdzierski (Sheffield)	11.52
4	M. Walker (Leeds)	10.54
5	G. Amos (Manchester)	10.31
6	M. Pickering (Sheffield)	10.06
7	D. Ellis (Durham)	8.64
8	M. Ilingworth (York)	8.06
9	J. Rose (Durham)	7.26
10	J. Evans (Hull)	7.22
11	N. Branch (Hull)	6.96
12	M. Cassidy (Manchester)	6.74

4 x 100 m Relay

1	Manchester University	46.1
2	Sheffield University	46.6
3	Leeds University	47.2
4	York University	49.0
5	Durham University	49.9

4 x 400 m Relay

1	Manchester University	3.37.3
2	Durham University	3.38.8
3	Sheffield University	3.44.2
4	Leeds University	3.45.2
5	York University	3.58.7

Ladies 100 m

1	E. Turner (York)	14.6
2	H. East (York)	14.7

Ladies 200 m

1	H. East (York)	29.4
2	E. Turner (York)	30.4

Ladies 800 m

1	E. Turner (York)	2.42.5
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Team result

1st	Sheffield University	202
2nd	York University	167
3rd	Manchester University	161
4th	Durham University	155
5th	Leeds University	149
6th	Hull University	99
7th	Newcastle University	43

Thanks for your support

Dennis Orme

17/6/79