

Results of the HARROW 5km ROAD RACES held at Harrow Rec. Sunday March 3rd 1991

<u>Senior Men</u> v - veteran		<u>Senior Ladies</u> v - veteran	
1	J. Aspell (Luton)	15.39	
2	P. Murphy (London Irish)	15.42 v	1 G. Stacey (Bromley Ladies)
3	A. Rolt (Bearbrook Joggers)	15.54	2 E. Murphy (Middx Ladies)
4	D. Hurdwell (Maidenhead)	16.04	3 D. Heath (L.O.A.C.)
5	S. Samuel (L.R.R.C.)	16.44	4 A. Moran (Middx Ladies)
6	A. Jones (Chesham)	16.58	5 B. Kirk (Shaftesbury Barnet)
7	A. McEvoy (London Irish)	17.04	6 B. Roche (Middx Ladies)
8	T. Sanders (Chesham)	17.58	7 M. Wynne (Serpentine)
9	G. Tebbenham (Hillingdon)	18.03	8 N. Rosewell (Serpentine)
10	D. Brown (Metros)	18.11 v	9 S. Suffield (Metros)
11	E. Blackman	18.21	10 G. Lack (Middx Ladies)
12	F. Fitzgerald	19.00 v	11 T. Lederer
13	T. Brown (S.L.H.)	19.06	12 H. Mossop (Bearbrook Joggers)
14	N. Parker	19.07	13 D. Lynn
15	M. Moran	19.11	14 L. Wedge (Finch Coasters)
16	A. Tomes (Shaftesbury)	19.14	15 J. Peed (Bearbrook Joggers)
17	R. Beedell (Chesham)	19.49	16 T. Axford
18	M. Stenhouse	19.50	17 A. Janssens
19	K. Zolan	20.05	18 K. Janssens
20	M. Ariel	20.17	19 G. Betts
21	P. Smith (Old Gayts)	20.34	
22	T. Bush (Old Gayts)	20.39 v	<u>Under 18 Male</u>
23	A. Green	20.40	1 R. Godden (Old Gayts)
24	M. Godden (Metros)	20.44 v	2 M. Searle (Old Gayts)
25	D. Eyers (Metros)	21.26 v	3 J. Savidge (Ealing & Sthl)
26	A. Solomon	21.42	4 C. Brown (Old Gayts)
27	H. Phull	22.19	5 D. Reading (Metros)
28	B. Jackson (Metros)	22.26 v	6 G. Brown (Old Gayts)
29	B. Nielsen (Hillingdon)	24.19 v	7 N. Bambrough (Chesham)
30	R. Hewitt	25.05 v	8 G. Dunn (Ealing & Southall)
31	F. Bun	25.08	9 J. Booth (Weald College)
32	T. Bond	26.46	10 M. Woods (Vauxhall)
33	A. Crump (Finch Coasters)	26.50	11 J. Jackson (Old Gayts)
34	I. Harwood	29.19	12 I. Buckland (Old Gayts)
35	R. Janssens	31.04	
36	S. Wain	31.04	<u>Under 18 Female</u>
			1 T. Bestonso (Parkside)
			2 A. Galvin (Ealing & Southall)
			3 S. Harrell (Parkside)
			4 L. Young (Parkside)
			5 S. Salter (Parkside)

Under 16 Male

1	C. O'Farrell (Old Gayts)	17.44
2	N. Bance (Old Gayts)	17.46
3	J. Bamford (Old Gayts)	17.49
4	A. Noble (Old Gayts)	17.53
5	S. Taylor (Old Gayts)	18.04
6	S. Drennan (Vauxhall)	18.24
7	G. Tyler (Old Gayts)	17.43
8	C. Roberts (Old Gayts)	19.03
9	C. Goodman (Old Gayts)	19.07
10	J. Collis (Old Gayts)	19.12
11	N. Heller (Old Gayts)	19.58
12	P. Abrahams (Vauxhall)	20.39
13	C. West (Old Gayts)	21.12

Under 16 Female

1	T. Ptonka (Middx Ladies)	20.06
2	C. Brown (Parkside)	20.29
3	E. Bowers (Parkside)	21.59
4	E. Davies (Hatch End)	22.33
5	T. Maguire (Sacred Heart)	22.42
6	S. Godden (Metros)	22.53
7	N. Koten (Parkside)	23.49
8	L. Bennett (Parkside)	24.17

Under 14 Female

1	D. Maguire (Ealing & Southl)	19.37
2	L. Dulley (Parkside)	21.07
3	S. Burns (Parkside)	21.15
4	A. Trussler (Watford)	21.40
5	K. Martin (Bushey Meads)	22.16
6	L. Godden (Metros)	22.39
7	F. Marsh (Chesham)	23.11
8	L. Daniels (Watford)	23.15
9	S. Jones (Metros)	23.17
10	S. Daniels (Watford)	23.29
11	A. Coulbert (Parkside)	23.31
12	J. Tufnell (Rooks Heath)	23.36
13	K. Glen (Chesham)	24.40
14	L. Savage (Rooks Heath)	24.57
15	E. Boulton (Rooks Heath)	25.06
16	J. Ptonka (Middx Ladies)	26.00
17	H. Charles (Grimsdyke)	26.16
18	M. Halpenny	27.34

Under 14 Male

1	T. Bestonso (Old Gayts)	18.07
2	G. Bush (Old Gayts)	18.08
3	D. Deed (Vauxhall)	18.15
4	S. Wareham (Old Gayts)	18.30
5	P. Farmer (Vauxhall)	18.31
6	J. Diffey (Old Gayts)	18.32
7	R. Collis (Old Gayts)	18.57
8	S. Barnes (Old Gayts)	19.20
9	D. Simon (Old Gayts)	19.48
10	A. Burke (Old Gayts)	19.54
11	V. Cave (St. Johns)	20.38
12	D. Twomey (Old Gayts)	20.40
13	M. Dunkley (John Lyon)	20.50
14	R. Hickman (Cannon Lane)	20.56
15	G. Noble (Old Gayts)	21.12
16	J. Elliott (Old Gayts)	21.13
17	T. Levinson (Old Gayts)	21.17
18	M. DGLISH (Vauxhall)	21.19
19	J. Abrahams (Vauxhall)	21.34
20	P. Mepani (Glebe)	22.12
21	H. Tobin (Old Gayts)	22.28
22	D. Butler (Nower Hill)	22.32
23	B. Walsh (St. Gregorys)	22.41
24	A. Arrighi (Old Gayts)	22.44
25	A. Mote (West Lodge)	23.05
26	D. Gridley (Old Gayts)	23.23
27	J. Miles (Roxeth Manor)	23.24
28	P. Gibson (Old Gayts)	23.26
29	R. Dixon	23.26
30	N. Short (Pinner Park)	23.32
31	N. Parkhurst (Nower Hill)	24.37
32	D. Palmer (Coteford)	25.09
33	K. Yerby (Gayton)	25.10
34	G. Young (Gayton)	25.14
35	H. Varsani (Glebe)	27.03
36	J. Berry (Roxeth Manor)	27.16
37	A. Collis (Weald)	27.27

Under 11 Male

1	J. Morgan (Little Stanmore)	10.33
2	I. Abrahams (Vauxhall)	10.45
3	M. Attaway (Old Gayts)	11.01
4	S. Collis (Weald)	11.11
5	C. Morgan (Little Stanmore)	11.12
6	G. Barr (Coteford)	11.17
7	A. Desai (Priestmead)	11.23
8	P. Halpenny	11.26
9	D. Roach (Glebe)	11.42
10	A. Deak (Weald)	11.48
11	G. Ireland (Priestmead)	11.50
12	G. Wilson (Bromet)	11.51
13	P. Hymns (Newnham)	12.00
14	G. Parkhurst (Cannon Lane)	12.41
15	S. Varsani (Glebe)	12.46
16	G. Mote (West Lodge)	12.50
17	D. Gallagher (St. Josephs)	13.00
18	E. Lees (St. Andrews)	13.03
19	J. Candy (Grange)	13.30
20	J. Dickens (Harlyn)	13.35
21	M. Harrell	13.49
22	N. Morgan (St. Josephs)	13.54
23	D. King (Little Stanmore)	14.19
24	M. Austin (Harlyn)	14.43
25	A. Downing (St. Josephs)	14.49
26	A. Sawhney (Glebe)	17.26
27	A. Sharma (Roxeth Manor)	19.04
28	J. Patel (Glebe)	19.06

Under 11 Female

1	C. Walsh (St. Robert Sthwell)	11.23
2	K. Flonka (Middx Ladies)	11.24
3	L. Glen (Chesham)	11.49
4	J. Tomes (Shaftesbury)	11.59
5	N. Regan (Watford)	12.21
6	A. White (Grimsdyke)	12.30
7	D. Coulbert (Parkside)	12.40
8	T. Gallagher (St. Josephs)	12.59
9	J. Godden (Metros)	13.04
10	V. Patteson (Northwood Coll)	13.30
11	H. Dixon (Parkside)	13.34
12	J. Webb (Watford)	14.27
13	Z. Lovegrove (Coteford)	14.28
14	H. Wilson (Bromet)	14.31
15	A. Patel (Glebe)	13.31
16	M. Kara (Glebe)	16.48
17	A. Conlon (St. Josephs)	18.50
18	T. McKenna (St. Josephs)	19.00