

Results of RUNNERS ORLD HATCH END "5" mile road race, October 21st 1989.
 Held at Royston Park Estate, Hatch End, Harrow. v-vet 0/40 vv-vet 0/50

Mens result

1	S. Doig (Shaftesbury)	24.05	51	R. Gammon (Wycombe)	27.39
2	D. Cowan (Boxhill)	24.14	52	P. Talbot (Hillingdon)	27.43
3	C. Murray (Hillingdon)	24.32	53	R. Francis (Metros)	27.46
4	C. Nelligan (T.V.H.)	24.36	54	S. May (Ilford)	27.50
5	L. Benjamin (T.V.H.)	24.37	55	J. McMulkern (Vauxhall)	27.52
6	G. Lavers (Hillingdon)	24.38	56	G. Hymns (Serpentine)	27.56
7	M. Gregory (Boxhill)	24.41	57	W. Whitman (Watford)	27.57 vv
8	K. Tobin (Norfolk Olympiades)	24.48	58	R. Freeman (Wycombe)	28.04
9	R. Swann (Ealing & Southall)	25.06	59	H. Tollan (T.V.H.)	28.12
10	M. Lepps (Old Gayts)	25.07	60	S. Katsina (Herne Hill)	28.14
11	G. Getty (Shaftesbury)	25.07	61	H. Pattinson (Milton Keynes)	28.18 v
12	M. Cursons (Old Gayts)	25.15	62	T. Smeaton (Old Gayts)	28.20
13	L. Zone (Burnham Joggers)	25.30	63	P. Angell (Herne Hill)	28.22
14	J. Weightman (Boxhill)	25.31	64	Z. Grzywna (Hillingdon)	28.23
15	J. Rawlings (Old Gayts)	25.34	65	S. O'Sullivan (Milton Keynes)	28.26
16	N. Glavin (London Irish)	25.34	66	S. Penny (Old Gayts)	28.28
17	E. Burton (Old Gayts)	25.41	67	C. James (Watford)	28.35
18	J. Aspell (Luton)	25.44	68	G. Tebbenham (Hillingdon)	28.37
19	I. Vanlockven (Burnham Jog.)	25.45	69	A. Mansi (Hillingdon)	28.38 v
20	M. Duff (Aldershot)	25.47 v	70	D. Patterson (Serpentine)	28.40
21	R. Porter (Basildon)	25.56	71	A. Cooper (Serpentine)	28.45
22	G. Allen (Metros)	25.57	72	G. Friel (Q.P.H.)	28.47
23	K. Wood (Hillingdon)	26.01	73	G. Wilson (Royal Navy)	28.50 v
24	T. Gassett (Metros)	26.04	74	E. Hamilton (Hillingdon)	28.57 v
25	T. Richardson (Wycombe)	26.09	75	C. Preston (Green Man)	28.58
26	F. Kehoe (Wirrall)	26.11	76	R. Spicer (Watford)	29.00
27	S. Faulkner (Highgate)	26.18	77	P. Weeks (Chesham)	29.02
28	S. Bishop (Boxhill)	26.20	78	M. Stuckey (Metros)	29.04
29	G. Swindles (Metros)	26.22	79	S. Grundy (Chesham)	29.06
30	T. Hyde (Windsor)	26.25	80	A. Roberts (Vale of Aylesby)	29.14
31	M. Ison (Luton)	26.26	81	M. Loogan (Walton)	29.16 vv
32	B. Morrison (Vauxhall)	26.31 v	82	N. Taylor (Hounslow)	29.18
33	Paul Leak (Chesham)	26.32	83	D. Black (Ealing & Southall)	29.20
34	R. Gray (Rochester Maths Sc.)	26.37	84	S. Hutchinson (St. Albans St)	29.30
35	S. Andrew (Wycombe)	26.38	85	G. Hall (Wycombe)	29.32 v
36	J. O'Sullivan (Watford)	26.40	86	A. Jones (Metros)	29.36
37	W. Gristwood (Greenford)	26.46	87	N. Taylor (un.)	29.40 v
38	M. Adcock (Watford)	26.48	88	Peter Leak (Chesham)	29.41
39	J. Convery (Bracknell)	26.50 v	89	D. Gritton (L.R.R.C.)	29.44
40	F. Cooney (Serpentine)	26.52	90	A. Harrop (Burnham Joggers)	29.45
41	T. Sergeant (London Irish)	26.52	91	T. Saunders (Chesham)	29.50
42	R. Graham (Windsor)	26.58 v	92	M. Norton (Watford)	29.56 v
43	P. Illing (Watford)	27.00	93	R. Morgan (R.A.F. Northolt)	29.57 v
44	R. Gooderham (Bracknell)	27.04	94	P. Hough (Vauxhall)	30.01
45	A. Rolt (Bearbrook)	27.05	95	A. Falkner (Feltham Puffers)	30.07
46	S. McIntosh (Metros)	27.12	96	A. Fox (Metros)	30.11
47	S. Burke (Windsor)	27.14	97	T. Bush (Old Gayts)	30.12 v
48	R. Porter (Jerlea)	27.28 v	98	R. Douglas-Brown (un.)	30.20
49	D. Dempsey (London Irish)	27.32	99	C. Abery (Chesham)	30.22
50	R. Bloom (Old Gayts)	27.34	100	R. Ford (Watford)	30.26 v

<u>Ladies Results</u>		v-veteran	<u>Team Result</u>		
1	R. Ellis (Hounslow)	27.16	1	Windsor	27
2	A. Hill (Windsor)	29.21	2	Serpentine	33
3	S. Young (Boxhill)	29.43	3	Ealing & Southall	43
4	T. McDonald (Hillingdon)	30.02			
5	P. Shore (Burnham Joggers)	30.39			
6	D. Sanderson (Watford)	31.12			
7	L. Dron (Serpentine)	32.36			
8	J. Clover (un.)	32.37			
9	M. Swindles (Metros)	32.49			
10	C. Hyde (Windsor)	32.50			
11	J. Cole (Ealing & Southall)	33.17			
12	J. Hickman (Serpentine)	33.46			
13	M. Cole (Ealing & Southall)	33.50			
14	N. Rosewell (Serpentine)	33.56			
15	L. Stephenson (Windsor)	34.03			
16	J. Bristow (Serpentine)	34.43			
17	A. Slater (Metros)	34.50			
18	S. Davison (Serpentine)	35.05			
19	M. Howells (Ealing & S.)	35.07			
20	C. See (Windsor)	35.52			
21	J. Newman (Ealing & Southall)	36.30			
22	no. 902	39.26			
23	W. Earl (Ealing & Southall)	39.52			
24	A. Kingham (un.)	39.59			
25	L. Lane (un.)	41.09			
26	L. Leslie (Heinz 57)	41.20			
27	L. Scott (un.)	44.49			

Old Gaytonians A.C. future promotions:

Sunday Feb. 11th Harrow 5km plus young athletes mini marathons
 Saturday Apr. 21st Harrow 10km

for details send S.S.A.E. to: Dennis Orme, 12 Warden Avenue, Harrow,
 Middx., HA2 9LW.

The Hatch End "5" was sponsored by RUNNERSWORLD, the specialist runners
 shop in Rayners Lane, Harrow.