

# HARROW 10km ROAD RACE

Held at Hatch End Saturday April 20th 1996

## MALE RESULT

1	JULIAN MOORHOUSE (LEEDS CITY)	30.33		57	RUSSELL WESTON (NORTH LONDON)	36.29	
2	PHIL SLY (LEEDS CITY)	30.47		58	LESLIE SAWKINS (SOUTHEND)	36.38	50
3	SCOTT McDONALD (SOUTHAMPTON RR)	30.51		59	PETER FITZPATRICK (VERLEA)	36.39	40
4	GREG HULL (LEEDS CITY)	31.05		60	ANDY BICKERSTAFF (RANELAGH)	36.41	
5	ANTHONY GRAHAM (NEWPORT)	31.16		61	TONY GASSETT (T.V.H.)	36.46	
6	MARTIN ROSCOE (LEEDS CITY)	32.00		62	JOHN KISSANE (UNATT.)	36.49	
7	PETER SIBBETT (BEDFORD)	32.30		63	ANTHONY SIMM (UNATT.)	36.50	
8	JEREMY FREEMAN (CHELMSFORD)	32.34		64	M. CATES (ETON MANOR)	36.53	
9	ALAN CAMP (CAMBRIDGE H.)	32.52		65	EDWARD BAYNE (TRENT PARK)	36.54	
10	SIMON WILSON (BOXHILL)	33.01		66	TIMO TEINILA (SERPENTINE)	36.58	
11	MARTIN GIBBS (CHELMSFORD)	33.17		67	MARTIN WILSON (LONDON FIRE B.)	37.02	
12	JOHN WILLOUGHBY (Q.P.H.)	33.19	45	68	JOHN NEIGHBOUR (DULWICH)	37.04	
13	JERRY CARNELL (CAMBRIDGE H.)	33.21	40	69	MARTIN DUFF (ALDERSHOT)	37.07	50
14	PAUL LEMMON (NORTH LONDON)	33.25		70	GORDON SWINDLES (METROS)	37.08	45
15	ROBERT JOHNSTON (SERPENTINE)	33.37	40	71	DAVID BROWN (NORTH LONDON)	37.23	
16	TERRY BOOTH (HOUNSLOW)	33.52		72	PETER KEMP (REEBOK)	37.35	50
17	RUSSELL MADDAMS (HARLOW R.R.)	33.57		73	TY BERG (MORNINGTON)	37.37	
18	MIKE BARON (OLD GAYTS)	34.05		74	RICHARD HOLLOWAY (SERPENTINE)	37.41	
19	IAN CARSWELL (UNATT.)	34.11		75	GODFREY MESSENGER (ORION)	37.43	50
20	IAN VAN LOKVEN (MILTON K)	34.13		76	M.J. PRICE (UNATT.)	37.44	
21	MIKE ASKEW (SERPENTINE)	34.17		77	REG BLACK (BARNET)	37.49	50
22	NIGEL HODGE (DUKE STREET)	34.19		78	RICHARD FOSKETT (VERLEA)	37.58	40
23	JAMES ZAPLE (HERNE HILL)	34.26		79	DAVID EWART (EALING, S & MX)	38.20	
24	ANDY HOILES (OLD GAYTS)	34.31		80	STEVE ROWLAND (RANELAGH)	38.27	45
25	GRAHAM TAYLOR (SERPENTINE)	34.32		81	PAUL CRESSY (ORION)	38.33	50
26	PHIL DAVIS (FLEET & C.)	34.36		82	ROSS BLOOM (OLD GAYTS)	38.42	40
27	JAMES COLINS (BOXHILL)	34.37		83	BILL HAWES (GADE VALLEY)	38.44	
28	LEE BENJAMIN (T.V.H.)	34.40		84	DAVID EDWARDS (GARDEN CITY)	38.46	
29	LAURENCE RUDGE (OLD GAYTS)	34.44		85	TOM EVERITT (ETON MANOR)	38.49	60
30	MARK GUICHARD (DARTFORD)	34.49		86	MARK ANDREWS (EALING, S & MX)	39.02	
31	MEL PARKER (BARNET)	34.53		87	CHRISTOPHER ROOME (METROS)	39.09	60
32	ROY TREADWELL (OXFORD)	35.08	45	88	PHIL O'FARRELL (GARDEN CITY)	39.11	
33	MARTIN POTTER (NORTH LONDON)	35.10		89	JOHN COFFEY (BRITISH AIR)	39.12	50
34	PHIL CARTER (EALING, S & MX)	35.11		90	MARTIN GREY (SHAFTESBURY)	39.18	50
35	BARRY WALTERS (T.V.H.)	35.12	40	91	NICHOLAS SMITHERS (NORTH HERTS)	39.41	
36	MIKE DYSON (GADE VALLEY)	35.15		92	STEPHEN KIMBER (OXFORD)	39.54	
37	KEITH GOLDSWORTHY (BRITISH AIR)	35.16		93	NEIL FLORY (UNATT.)	39.55	
38	MIKE LEPPS (OLD GAYTS)	35.26		94	PETER BIDDLECOMBE (NORTH LONDON)	40.04	
39	GRAHAM WOODS (SWINDON)	35.27		95	G. SAYER (ETON MANOR)	40.05	50
40	GEOFF STYAN (CRAWLEY)	35.35	40	96	D.G. SMITH (UNATT.)	40.12	50
41	DARREN POTTER (UNATT.)	35.37		97	PETER JEFFRIES (WATFORD JOG.)	40.22	40
42	ALLAN HARDY (BURNHAM J.)	35.39	45	98	GARRY YOUNG (METROS)	40.24	45
43	PETER WELLS (WATFORD)	35.41	40	99	DAVID NEWMAN (GARDEN CITY)	40.35	
44	DAVID MURFIN (WHITE HORSE)	35.42		100	JOHN HATTERSLEY (MORNINGTON)	40.38	40
45	PAUL ILLING (WATFORD)	35.44		101	JOHN HART (LOUGHTON)	40.51	50
46	GRAHAM LOCK (HERTFORD)	35.45		102	ALAN MOSS (UNATT.)	41.10	
47	PAUL CLARRIDGE (T.V.H.)	35.49		103	DOUG MANDELL (EAST LONDON)	41.13	40
48	PAT COLLINS (SHAFTESBURY)	35.54		104	IAN OWENS (NORTH HERTS)	41.18	
49	NEVILLE BAKER (HEADINGTON)	35.57	40	105	RICHARD BROWN (OLD GAYTS)	41.24	
50	ALAN HARVEY (BARNET)	36.00	50	106	JEFFREY WISEMAN (HIGHGATE)	41.26	60
51	ALLAN MCCRINK (OXFORD)	36.02	40	107	ANTHONY RUBERRY (TRING)	41.30	
52	RUSSELL MARTIN (CAMBRIDGE H.)	36.06		108	IAN LITTLE (KETTERING)	41.38	
53	PETER HOLLAND (NORTH LONDON)	36.08		109	STEWART CROOK (TRENT PARK)	41.43	40
54	PHILIP JONES (MILTON K)	36.23	40	110	STEVE FRASER (KENT)	41.45	45
55	JOHN SHIRLEY (BARNET)	36.24	45	111	NICK HARRIS (WATFORD)	41.51	
56	KEVIN KIRBY (WATFORD)	36.27		112	JOHN TAYLOR (EASTBOURNE)	41.53	55
				113	ALAN DAVIDSON (LISS)	41.55	45

114	RAY ROTHFARB (GREEN BADGE)	42.03		177	DAVID RAY (UNATT.)	52.24	45
115	GWYN DAVIES (BRIDGEND)	42.05	60	178	JOHN BOIELLE (TRING)	52.29	60
116	DAVID BOYES (NORTHAMPTON)	42.08	55	179	COLIN BRACHER (NORTHAMPTON)	52.39	45
117	ROB PARSONS (HARLOW R.R.)	42.15	50	180	TONY ROSSET (UNATT.)	52.48	
118	ANDREW LAYLAND (UNATT.)	42.20		181	SIMON DAVISON (UNATT.)	53.08	
119	IVAN RAINBIRD (UNATT.)	42.21		182	PHILIP ABBITT (STOPSLEY)	53.18	40
120	PAUL YOUNG (LOUGHTON)	42.23	40	183	RICHARD REID (T.V.H.)	53.28	40
121	RICK REYNOLDS (BISHOPS STORTFORD)	42.25	40	184	ANDREW LORD (WATFORD JOG.)	54.49	
122	LEN BLACKWOOD (ALDERSHOT)	42.28	45	185	DAVID MAXWELL (UNATT.)	55.55	
123	TOMAS HELLMAN (ELMBRIDGE)	42.36		186	PETER HARDING (UNATT.)	59.04	
124	JOHN FALVEY (EALING, S & MX)	42.48		187	JEFFREY WISEMAN (HIGHGATE)	59.08	60
125	RONALD LALLEY (WATFORD JOG.)	42.51		188	KEVIN BISHOP (UNATT.)	59.09	
126	ALAN LLOYD (EALING, S & MX)	42.54	45	189	SLAVITSA JOVAN (UNATT.)	62.50	40
127	JEREMY STRATTON (UNATT.)	42.56			<b>FEMALE RESULT</b>		
128	KOSTER TAVATGIS (METROS)	42.58	50	1	BARBARA BOYLAN (CARDIFF)	37.05	35
129	WAYNE CRABB (UNATT.)	43.17		2	RAIJA TEINILA (SERPENTINE)	39.08	35
130	RICHARD PERRY (S.L.H.)	43.22	40	3	JULIE BRIGGS (CRAWLEY)	39.14	
131	PETE MULHOLLAND (HERCULES WIMB.)	43.56	55	4	SALLY DAWSON (HERNE HILL)	39.45	
132	GRAHAM SILLITOE (OLD GAYTS)	43.58	40	5	JACKIE WASTELL (NORTH LONDON)	39.59	
133	DAVID BROWN (METROS)	44.05	45	6	LIZ CRAIG (SERPENTINE)	40.10	35
134	JAMES LEITH (HILLINGDON)	44.08	60	7	NATASHA CENDROWICZ (HIGHGATE)	40.45	
135	COLIN PHILLIPS (UNATT.)	44.13		8	SARAH LUMSDEN (UNATT.)	42.22	
136	TIMOTHY WOOLRIDGE (UNATT.)	44.14		9	JANE YOUNG (METROS)	43.25	40
137	JOHN COOKSON (CANADA)	44.17	45	10	HELEN PAPACHRISTOS (ORION)	46.07	40
138	JIM LAWRENCE (MILTON K)	44.23		11	MEREDITH PANNETT (DULWICH)	47.10	
139	BILL CLAPHAM (BLACKHEATH)	44.50	65	12	GINA SPENCER (EALING, S & MX)	48.02	35
140	TONY HILL (TRING)	44.51	45	13	PENNY WYLIE (BARNET)	48.13	
141	ALAN BROWN (UNATT.)	44.57	50	14	BRENDA HARVEY (BARNET)	49.46	50
142	DOMINIC ROTHWELL (UNATT.)	45.15		15	SEJ PRICE (UNATT.)	49.54	
143	JACK CREEBER (UNATT.)	45.30	40	16	ANNE RENEW (WATFORD JOG.)	50.47	35
144	A. GLICKMAN (UNATT.)	45.31	45	17	CHRISTINE JAMES (WATFORD JOG.)	50.48	40
145	RICHARD BULLEY (UNATT.)	45.35		18	MAUREEN SHIRLEY (BARNET)	51.05	45
146	A.S. TORRANCE (UNATT.)	45.45		19	SUSAN GIBBS (BARNET)	51.39	50
147	COLIN SCOTCHFORD (UNATT.)	45.54		20	NIKKI BOND (UNATT.)	52.43	
148	JOHN O'HARA (NORTHAMPTON)	46.15	55	21	VERONICA DOYLE (UNATT.)	52.44	
149	ALAN GREEN (ST. ALBANS)	46.18		22	LISA HART (UNATT.)	52.45	
150	ROGER BEEDELL (CHESHAM)	46.19	40	23	CATHERINE GADD (RANELAGH)	55.50	
151	SEYMOUR IZZARD (WATFORD)	46.27	60	24	REBECCA PRICE (UNATT.)	57.20	
152	PAUL NEEDHAM (EAST LONDON)	46.44		25	DEBRA SYLVESTER (UNATT.)	57.30	
153	DAVOOD BABAKHANIAN (UNATT.)	46.45		26	EMMA WHITEWOOD (UNATT.)	57.45	
154	EDVARD MARTINSEN (METROS)	46.46	45	27	ANNE LALEMAN (UNATT.)	59.03	35
155	RICHARD NARDI (UNATT.)	46.51	45	28	D. WELLS (UNATT.)	59.36	35
156	TIMOTHY HULL (UNATT.)	47.16		29	JULIA JOHNSON (CLEETHORPES)	60.50	35
157	JEFF DEIGHTON (OLD GAYTS)	47.25		30	KIRSTEN HARJETIE (UNATT.)	61.59	
158	PETER TRAVERS (UNATT.)	47.36	55	31	ANNE SHAW (UNATT.)	62.44	
159	ROBERT PRINGLE (UNATT.)	47.46		32	ALLISON BISHOP (UNATT.)	63.58	
160	ROBERT MAYO-BIGNELL (SHAFTESBURY)	47.49	50				
161	ANTHONY VARELA (K.L.M.)	48.11					
162	RICHARD SOPER (UNATT.)	48.21					
163	MICHAEL ALSWORTH (R.R.C.)	48.27	40				
164	IAN GIBBS (BARNET)	48.35	55				
165	GERALD BERNSTEIN (SHAFTESBURY)	48.43	50				
166	ANDREW MURRAY (UNATT.)	49.05					
167	MICHAEL KAYSER (UNATT.)	49.10	45				
168	RICHARD CLOUGH (UNATT.)	49.12					
169	LAURENCE FIELD (UNATT.)	50.05					
170	ANDY WILSON (EALING, S & MX)	5.02	50				
171	KEVIN FITZGERALD (UNATT.)	50.23	40				
172	WILLIAM WEBB (UNATT.)	50.30	45				
173	PETER RILEY (BURNHAM J.)	51.21	50				
174	ANDREW MOSS (UNATT.)	51.51					
175	DANNY NAFTALIN (UNATT.)	51.53					
176	WILLIAM GARDNER (METROS)	51.54	60				

**MALE RESULT**

1	LEEDS CITY	13	1	2	4	6
2	OLD GAYTONIANS	109	18	24	29	38
3	SERPENTINE	127	15	21	25	66
4	NORTH LONDON	157	14	33	53	57
5	THAMES VALLEY H.	171	28	35	47	61
6	BARNET & DISTRICT	213	31	50	55	77
7	WATFORD	255	43	45	58	111
8	EALING, SOUTHALL & MIDDX	323	34	79	86	124
9	METROS	383	70	87	98	128
10	SHAFTESBURY BARNET	463	48	90	160	165
11	OLD GAYTONIANS 'B'	476	82	105	132	157

**FEMALE RESULT**

1	BARNET & DISTRICT	45	13	14	18
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