

HARROW 10km

Held at Hatch End Saturday April 16th 1994

MENS RESULT

1	I. HUDSPITH (MORPETH)	29.43	80	J. HARVEY (HILLINGDON)	34.43	160	P. BROOM (PHOENIX)	38.58
2	M. GODDARD (SHAFTESBURY)	29.47	81	P. WELLS (Q.P.H.)	34.44	161	J. FOWLES (ENFIELD)	38.59 40
3	M. HULA (SHAFTESBURY)	30.11	82	J. BITTERLING (HERTS UNIV)	34.47	162	P. FINNEGAN (EALING & S.)	39.00
4	V. GARNER (ALDERSHOT)	30.17	83	T. HEDGE (WATFORD)	34.48	163	L. RUSSELL (EDMONTON)	39.01
5	D. COWAN (BOXHILL)	30.25	84	M. STUBBINGS (STOPSLEY)	34.49	164	R. TRUSCOTT (UNATT.)	39.04
6	M. COWMAN (WESTBURY)	30.40	85	D. CLAPP (UNATT.)	34.50	165	M. HUGHES (CROYDON)	39.11
7	K. O'CONNOR (WATFORD)	30.54	86	M. KELLY (OLD GAYTS)	34.55	166	S. BEARHELS (UNATT.)	39.13
8	B. REYNOLDS (TONBRIDGE)	30.57	87	G. HALL (CORBY)	34.57	167	M. FRENCH (SERPENTINE)	39.15
9	J. CRITCHLOW (WATFORD)	30.59	88	C. NAISH (RANELAGH)	34.59	168	S. FRAZER (KENT)	39.16 45
10	A. FRITCHARD (CARDIFF)	31.00	89	S. LIVINGSTONE (VERLEA)	35.02	169	I. ADDISON (AYLESBURY)	39.25 60
11	C. ADDISON (CAMBRIDGE UN.)	31.13	90	S. DAY (UNATT.)	35.04	170	B. WILLIAMS (EALING & S.)	39.30
12	A. RUSSELL (REIGATE PRIOR)	31.21	91	A. MCCRINK (OXFORD)	35.05	171	D. LEAHY (UNATT.)	39.33
13	S. RAYNER (HERCULES WIMB.)	31.24	92	R. NASH (HILLINGDON)	35.06 40	172	R. DEVITT (SHAFTESBURY)	39.37 45
14	E. ROBINSON (ALDERSHOT)	31.25	93	R. ROATH (WOKING)	35.08	173	P. WELSH (UNATT.)	39.44
15	R. HUDSON (ALDERSHOT)	31.26	94	K. KEMP (MUSWELL HILL)	35.09	174	J. FALVEY (EALING & S.)	39.45
16	J. WEIGHTMAN (BOXHILL)	31.30	95	A. DAVIS (LUTON)	35.14	175	N. MYLAND (WERRINGTON)	39.58
17	P. LLEWELLYN (SHAFTESBURY)	31.31	96	M. GREEN (OLD GAYTS)	35.16 45	176	D. MANSELL (EAST LONDON)	39.59 40
18	D. BOND (WOKING)	31.33	97	P. FITZPATRICK (VERLEA)	35.17	177	R. RAYNOR (UNATT.)	40.07 45
19	T. DICKINSON (BLACKHEATH)	31.34	98	L. O'HARA (BELGRAVE)	35.18 60	178	I. MACLEOD (WATFORD)	40.11
20	J. PES (HIGHGATE)	31.43	99	R. DEERING (T.V.H.)	35.20	179	J. CARLISLE (UNATT.)	40.15 50
21	R. GODDEN (OLD GAYTS)	31.44	100	L. SAWKINS (SOUTHEND)	35.21 45	180	J. COOPER (UNATT.)	40.28
22	P. BRICE (BLACKHEATH)	31.47	101	G. SCOTT (POOLE)	35.27 45	181	A. OWEN (NORTH LONDON)	40.29
23	D. ROSEWARN (WATFORD)	31.49	102	N. BULL (UNATT.)	35.28	182	P. COLLINS (BROMLEY VETS)	40.30 50
24	B. PFEIFFER (T.V.H.)	31.56	103	R. HEATH (OLD GAYTS)	35.36 40	183	I. MCKAY (T.V.H.)	40.33
25	A. GREEN (BOXHILL)	31.59	104	M. JELLS (LEIGHTON B)	35.43 45	184	D. BOYES (NORTHAMPTON)	40.53 55
26	J. QUIRKE (LONDON IRISH)	32.00 40	105	J. ROBERTS (POOLE)	35.44 45	185	S. WHITTINGHAM (NTH WALES)	40.54
27	D. NORRIS (ORION)	32.02	106	N. MURPHY (UNATT.)	35.45	186	J. MCSHANE (VERLEA)	40.55 40
28	A. CATTON (ILFORD)	32.04 40	107	K. BINKS (SPHINK)	35.56 40	187	P. KENNEDY (LONDON IRISH)	41.02
29	C. SLOWLY (BRISTOL)	32.08	108	P. MOTTRAM (DULWICH)	35.57	188	R. HILL (CLAYTON-LE-MOORS)	41.12 55
30	A. KENNIS (THAMES H & H)	32.13	109	A. REDON (UNATT.)	36.00 40	189	B. FELDMAN (HILLINGDON)	41.16 45
31	C. NELLIGAN (T.V.H.)	32.14	110	M. GASH (SNEE VALLEY)	36.03	190	R. PERRY (S.L.H.)	41.20 40
32	C. HETHERINGTON (CAMBRIDGE)	32.15	111	J. GRIGGS (MORNINGTON)	36.04	191	D. PATTERSON (HILLINGDON)	41.28
33	S. BONE (ALDERSHOT)	32.23	112	T. RALPH (LONDON IRISH)	36.05 40	192	R. TUCKER (SHAFTESBURY)	41.30 50
34	N. FLINT (OLD GAYTS)	32.30	113	R. BLOOM (OLD GAYTS)	36.06 40	193	D. BROOKS (THURROCK)	41.32 50
35	B. COOKE (CROYDON)	32.32	114	P. O'FARRELL (GARDEN CITY)	36.07	194	K. TAVATGIS (METROS)	41.33 40
36	K. PENNY (CAMBRIDGE H.)	32.33 40	115	T. MORRIS (HERCULES WIMB.)	36.10	195	B. GUBBINS (WATFORD)	41.34 45
37	A. RASHID (OXFORD)	32.34	116	G. ELMORE (SHAFTESBURY)	36.11 50	196	B. CLAPHAM (BLACKHEATH)	41.35 60
38	J. JONES (CAMBRIDGE UN.)	32.35	117	C. BROWNE (MUSWELL HILL)	36.19	197	R. PAULISSEN (GARDEN CITY)	41.39 40
39	M. NOLAN (CAMBRIDGE UN.)	32.36	118	G. SAYER (ETON MANOR)	36.20 50	198	G. BUSH (OLD GAYTS)	41.49
40	A. JONES (CHESHAM)	32.38	119	P. KEMP (WATFORD)	36.22 45	199	J. BELL (WAKEFIELD)	41.51 50
41	J. ZAPLE (EXETER)	32.40	120	A. HEATHMAN (WATFORD)	36.24	200	S. WHITMORE (UNATT.)	42.02
42	P. SPICK (CORBY)	32.47 40	121	J. THOMAS (HIGHGATE)	36.25 50	201	M. CHURM (LEIGHTON B)	42.03 45
43	P. ILLING (WATFORD)	32.49	122	I. AMBROSE (UNATT.)	36.28	202	R. COOMBS (POOLE)	42.05 45
44	J. LAKER (ALDERSHOT)	32.50	123	R. ROBERTS (WATFORD)	36.35 40	203	R. CARROLL (EALING & S.)	42.06
45	A. CAMP (DARTFORD)	32.53	124	S. NEALE (GADE VALLEY)	36.39	204	A. BIJEV (NORTH LONDON)	42.11
46	D. NAVLOR (CAMBRIDGE UN.)	32.54	125	K. POWER (SHAFTESBURY)	36.44	205	S. SATCHEL (MORNINGTON)	42.21 45
47	T. EGLEN (ALDERSHOT)	32.55	126	A. COOPER (FINCH C.)	36.46 40	206	L. MORRIS (VETERANS)	42.22 50
48	S. PATTON (OLD GAYTS)	32.56	127	S. DILLON (LONDON IRISH)	36.59 45	207	T. HILL (TRING)	42.24 40
49	M. BARON (OLD GAYTS)	32.57	128	M. HERRING (ILFORD)	37.00 45	208	R. BLACKWELL (EASTERN VET)	42.40 60
50	C. FENN (HARINGEY)	32.59	129	C. ROOME (METROS)	37.01 55	209	T. MCCARTHY (WOODFORD)	42.42
51	N. MITCHELL (NORTH LONDON)	33.03	130	R. FOSKETT (VERLEA)	37.12	210	K. VERRALLS (UNATT.)	42.43
52	T. TOSELAND (UNATT.)	33.04	131	S. WILLIAMS (GARDEN CITY)	37.14	211	J. BRIDGE (COMETS)	42.47 50
53	P. LEMMON (NORTH LONDON)	33.08	132	S. O'KEEFE (HILLINGDON TR)	37.15	212	H. PETE (UNATT.)	42.48
54	J. ASPELL (LUTON)	33.09	133	D. BURNS (UNATT.)	37.16	213	A. LEA-GERRARD (HERNE HIL)	42.50 40
55	J. EXLEY (OXFORD)	33.11 45	134	R. SIMPSON (UNATT.)	37.18	214	D. PRATT (METROS)	43.16 50
56	J. WILLOUGHBY (Q.P.H.)	33.13 45	135	J. PRATT (GREEN MAN)	37.20 45	215	J. LEITH (HILLINGDON)	43.23 60
57	S. COLLINGRIDGE (RANELAGH)	33.16	136	M. GRIMSADALE (WATFORD)	37.24	216	K. BARTON (GARDEN CITY)	43.36 40
58	M. THOMAS (POOLE)	33.23 40	137	R. POWELL (SHAFTESBURY)	37.25	217	J. MCCOOEY (SERPENTINE)	43.37
59	P. INGVALDSEN (ILFORD)	33.28	138	R. ROTHFARB (EAST END)	37.26	218	G. NEAL (WATFORD)	43.42
60	D. COLLINS (BRISTOL)	33.29	139	P. DEERING (TRI. LONDON)	37.30	219	K. ADAMS (ETON MANOR)	43.46
61	J. LAWLER (GADE VALLEY)	33.33	140	C. MAWER (CLEETHORPES)	37.32	220	A. CHAPMAN (UNATT.)	43.50
62	S. ANDREW (BURNHAM J.)	33.33	141	G. WILSON (ROYAL NAVY)	37.34 50	221	D. CHURCH (BEARBrook)	43.53
63	J. MACKAY (UNATT.)	33.34	142	T. EVERITT (ETON MANOR)	37.35 55	222	J. GLOVER (BILLERICAY)	44.22 45
64	C. WRIGHT (DONCASTER)	33.35	143	D. NEWMAN (GARDEN CITY)	37.52	223	A. GLICKMAN (UNATT.)	44.42 45
65	S. FAULKNER (HIGHGATE)	33.36	144	K. WOOD (DULWICH)	37.58	224	D. KNOWLES (UNATT.)	45.06 40
66	N. SAUNDERS (ST. ALBANS)	33.46	145	C. BRYANT (HERNE HILL)	37.59	225	A. GLASS (UNATT.)	45.06
67	M. BRANDON (HARINGEY)	33.55	146	C. O'HANLON (VERLEA)	38.03	226	P. KNOWLES (UNATT.)	45.22 40
68	M. LEPPS (OLD GAYTS)	33.57	147	D. BRADBURY (BILLERICAY)	38.06 45	227	J. DAVERN (STREATHAM)	45.26
69	J. SARNARD (WEST 4)	34.06 40	148	J. RAMPLING (FORBANKS)	38.13	228	A. HERRING (METROS)	45.47 50
70	L. RUDGE (OLD GAYTS)	34.07	149	C. PRESTON (GREEN MAN)	38.19	229	H. IRVING (UNATT.)	45.53
71	R. TREADWELL (OXFORD)	34.13 45	150	D. EDWARDS (GARDEN CITY)	38.23	230	D. GOODWIN (UNATT.)	46.10 40
72	A. PACKHAM (SHAFTESBURY)	34.14 40	151	P. BOLITHO-JONES (WATFORD)	38.28	231	D. BRYANT (UNATT.)	46.16 55
73	C. DAVIES (BRIDGEND)	34.16	152	P. CHAPMAN (BRACKNELL)	38.29 50	232	J. BALL (UNATT.)	46.55
74	N. MORRISON (VERLEA)	34.25 40	153	C. PRATLEY (MILOCARIAN)	38.39 45	233	M. ALSWORTH (R.R.C.)	47.05 40
75	M. DUFF (ALDERSHOT)	34.26 50	154	M. TACKLEY (PETERBOROUGH)	38.40	234	R. JONES (UNATT.)	47.21
76	P. MYLAND (NENE VALLEY)	34.27	155	J. TAYLOR (EASTBOURNE)	38.48 50	235	D. WITCHELL (UNATT.)	47.38
77	M. KILCOYNE (OXFORD)	34.30 40	156	G. YOUNG (METROS)	38.49 45	236	T. CLARDEN (UNATT.)	47.46 40
78	M. DYSON (GADE VALLEY)	34.31	157	G. BONDS (HILLINGDON)	38.51	237	W. GARDNER (METROS)	47.49 60
79	G. MESSENGER (ORION)	34.40 45	158	M. ABELL (STONK)	38.52 60	238	R. JONES (UNATT.)	48.08
			159	P. MCHUGH (TRING)	38.56	239	B. SHEARS (UNATT.)	48.41 60

240	B. STUART (UNATT.)	49.30	55
241	J. BALCOMBE (UNATT.)	50.16	
242	S. HORSWOOD (UNATT.)	50.17	
243	M. JOVANOVIC (UNATT.)	50.18	
244	A. MCBRIDE (METROS)	51.41	
245	B. JACKSON (METROS)	51.42	55
246	D. BROOM (UNATT.)	52.02	
247	B. EAMES (UNATT.)	53.46	55
248	T. KLAUS (UNATT.)	58.18	
249	A. OSBORN (UNATT.)	58.19	

LADIES RESULT

1	A. WRIGHT (TIPTON)	34.46	
2	N. MURPHY (LISBURN)	35.34	
3	L. MELKEVIK-MAWER (CLEETH)	35.37	
4	S. PILLING (BLACKHEATH)	36.48	
5	M. JOYCE (ORION)	37.50	35
6	T. BALL (L.O.A.C.)	37.57	35
7	B. GASH (NENE VALLEY)	38.24	
8	S. ROWLAND (RANELAGH)	39.17	35
9	J. WASTELL (NORTH LONDON)	39.21	
10	M. EPSON (DULWICH)	40.27	
11	A. LOUGHNANE (LONDON IRIS)	40.34	
12	S. PEACOCK (EALING & S.)	41.43	
13	K. HORSWOOD (UNATT.)	42.14	
14	J. BONNER (ANGELS)	42.26	
15	S. MCCARTHY (EAST LONDON)	42.41	35
16	J. YOUNG (METROS)	43.02	35
17	F. SMITH (NORTH LONDON)	43.57	35
18	N. HERRING (METROS)	43.59	
19	F. KENNEDY (EALING & S.)	44.20	35
20	M. COTTER (METROS)	44.35	
21	J. ROW (LEIGHTON B)	45.04	
22	G. SPENCER (EALING & S.)	45.54	35
23	J. NEWMAN (EALING & S.)	46.09	45
24	S. LEVETT (POOLE)	47.54	40
25	J. MITCHELL (SHAFESBURY)	48.02	45
26	S. PRATT (METROS)	48.11	
27	J. DUNN (TRING)	48.29	35
28	A. LEDERMAN (UNATT.)	48.36	
29	F. DAVIS (BEARBROOK)	48.44	
30	L. TAYLOR (EASTBOURNE)	48.50	
31	C. FARRELL (EALING & S.)	49.40	35
32	R. CAMPBELL (SOUTHERN VET)	51.56	55
33	P. WICKS (EALING & S.)	52.32	
34	J. ABELL (STONE)	53.10	50
35	C. PITTS (ST. ALBANS)	57.59	
36	M. DENNELLS (UNATT.)	58.00	

TEAM RESULTS - MENS RESULT

1	ALDERSHOT, FARNHAM & DIST.	66	4	14	15	33
2	WATFORD	82	7	9	23	43
3	SHAFESBURY BARNET	94	2	3	17	72
4	CAMBRIDGE UNIVERSITY	120	11	32	38	39
5	OLD GAYTONIANS	152	21	34	48	49
6	OXFORD CITY	240	37	55	71	77
7	OLD GAYTONIANS "B"	320	68	70	86	96
8	THAMES VALLEY H.	337	24	31	99	183
9	VERLEA	390	74	89	97	130
10	WATFORD "B"	445	83	119	120	123
11	LONDON IRISH	452	26	112	127	187
12	POOLE RUNNERS	466	58	101	105	202
13	NORTH LONDON	489	51	53	181	204
14	HILLINGDON	518	80	92	157	189
15	GARDEN CITY	538	114	131	143	150
16	SHAFESBURY BARNET "B"	550	116	125	137	172
17	WATFORD "C"	660	136	151	178	195
18	METROS	693	129	156	194	214
19	EALING, SOUTHALL & MIDDX	709	162	170	174	203
20	METROS "B"	954	228	237	244	245

TEAM RESULTS - LADIES RESULT

1	EALING, SOUTHALL & MIDDX	53	12	19	22
2	METROS	54	16	18	20
3	EALING, SOUTHALL & MIDDX "B"	87	23	31	33