

BENNETT'S GATE BAKERIES HARROW 10km ROAD RACE at Hatch End, Saturday April 16th 1988

Mens Results

v-vet over 40

vv-vet over 50

1	M. Williams (Shaftsbury)	29.27 (rec)	51	R. Goad (Basildon)	33.25
2	N. Trainer (North London)	30.14	52	G. White (Blackheath)	33.30
3	P. Mayo (Herne Hill)	30.21	53	I. Evenden (Verlea)	33.31
4	G. Getty (Shaftsbury)	30.22	54	R. Graham (Windsor)	33.34 v
5	K. Johnson (Aldershot)	30.33	55	N. Hall (Hillingdon)	33.35
6	M. Cursons (Old Gayts)	30.43	56	Paul Gayter (T.V.H.)	33.37
7	J. Phillips (Bournemouth)	30.44	57	C. Loizou (Herne Hill)	33.40
8	A. Maddocks (Leicester)	30.45	58	L. O'Hara (Belgrave)	33.40 vv
9	A. Mason (Barnet)	30.54	59	D. Wilson (26.2 Road Runners)	33.43
10	P. Ingvorsen (Ilford)	31.02	60	E. Blackman (Stevenage & NH)	33.44
11	E. Brown (Basildon)	31.03	61	R. Malloes (Shaftsbury)	33.45
12	J. Broe (Shaftsbury)	31.12	62	S. Button (un.)	33.46
13	C. Bailey (Highgate)	31.13	63	I. Johnston (T.V.H.)	33.46
14	W. Duff (Aldershot)	31.14 v	64	S. Keene (Shaftsbury)	33.49
15	N. Flint (Old Gayts)	31.24	65	L. Sawkins (Southend)	33.54 v
16	J. Zapple (Exeter)	31.26	66	E. Widgeley (Q.P.H.)	33.58
17	M. Ashew (Serpentine)	31.30	67	M. Hayman (Old Gayts)	34.01
18	T. Davies (Aldershot)	31.35 v	68	J. Mescall (Hounslow)	34.06
19	M. Critchlow (Ranelagh)	31.36	69	J. Hehir (Serpentine)	34.07
20	B. O'Neill (Aldershot)	31.38 v	70	D. Mould (un.)	34.08
21	M. Green (Old Gayts)	31.42 v	71	J. Stratton (Highgate)	34.17
22	A. Smith (Shaftsbury)	31.47	72	S. Penny (Old Gayts)	34.18
23	B. Johnson (Ranelagh)	31.54	73	J. Moust (Burnham Joggers)	34.19 v
24	G. Paulds (Milton Keynes)	31.57	74	N. Young (Fareham)	34.22
25	W. Cain (Saltwell)	31.58	75	S. Burke (Windsor)	34.32
26	N. Glavin (Q.P.H.)	32.05	76	B. White (Fleet & Crookham)	34.39
27	D. Marshall (Ranelagh)	32.08	77	K. Ward (Orion)	34.41
28	P. Wells (Q.P.H.)	32.10	78	P. Smith (Hercules Wimbledon)	34.47
29	P. Ross-Davies (Invicta)	32.23	79	D. Haughney (Vauxhall)	34.48 v
30	M. Puddifoot (Shaftsbury)	32.24	80	T. Gassett (Metros)	34.50
31	S. Bell (Watford)	32.25	81	Z. Grzywna (Hillingdon)	34.50
32	J. Lamont (Shaftsbury)	32.30	82	R. Porter (Verlea)	34.51 v
33	I. Barker (Chesham)	32.31	83	R. Bloom (Old Gayts)	34.52
34	J. Kennedy (Serpentine)	32.38	84	I. Isherwood (Hercules W.)	34.53
35	S. Mitchell (Portsmouth)	32.44	85	C. Heaton (un.)	34.54
36	C. Dickinson (Belgrave)	32.47	86	D. Heywood (Oldham & R.)	34.55
37	C. Ireland (Shaftsbury)	32.48	87	M. Ussher (un.)	34.56
38	K. Wood (Hillingdon)	32.49	88	R. Parker (Wisbech)	34.58
39	K. Allam (Serpentine)	32.49	89	R. Cozens (Dartford)	35.00
40	P. Filler (Orion)	32.50	90	R. Wright (Peras)	35.02
41	K. Harrison (Ranelagh)	32.51	91	A. Barron (Gateshead)	35.04
42	M. Davies (Guildford & G)	32.52	92	K. Moore (Tring Joggers)	35.07
43	T. Wilson (Hillingdon)	32.53	93	D. Parkinson (S.L.H.)	35.11 v
44	I. Kiltie (Derby)	32.56	94	J. Moore (Old Gayts)	35.12
45	B. Mason (Chesham)	33.00	95	S. Harrison (Basildon)	35.17
46	G. Wootton (Thurrock)	33.01	96	S. Williams (Highgate)	35.18
47	F. Cooney (Serpentine)	33.12	97	J. Taylor (Eastbourne G.Star)	35.19 v
48	G. Dell (Aylesbury)	33.15	98	A. Packham (Shaftsbury)	35.20
49	A. Holt (Verlea)	33.19	99	P. Freeman (Veterans)	35.23 vv
50	S. Leech (Oldham & R)	33.23	100	M. Pearce (Wimbledon Wind.)	35.29

101	D. Case (Ealing & S)	35.29	vv	156	R. Spicer (Watford)	38.12	
102	D. Cronin (South Bank Poly)	35.31		157	K. Deally (Harlow)	38.15	
103	D. MacDiarmid (Shaftsbury)	35.34		158	S. Hobbs (Hillingdon)	38.21	
104	A. Sesay (Shaftsbury)	35.37		159	D. Smith (L.R.R.C.)	38.32	v
105	M. Archer (Hillingdon)	35.38		160	D. Field (Old Gayts)	38.34	
106	S. Andrew (Wycombe)	35.42		161	P. Marshall (Serpentine)	38.34	
107	S. Singleton (Haringey)	35.44		162	J. Lawley (L.R.R.C.)	38.44	
108	R. Francis (un.)	35.45		163	A. Shaw (un.)	38.48	v
109	W. Burke (Guilford & G)	35.47		164	T. Bush (Old Gayts)	38.51	v
110	G. MacReay (Derby)	35.48		165	P. Welch (Hillingdon)	38.53	
111	G. Hymns (Serpentine)	35.50		166	F. Robinson (Barnet)	38.54	
112	C. Purse (Basildon)	35.59		167	B. Feldman (L.R.R.C.)	38.57	
113	D. Goldhawk (Walton)	36.00		168	R. Snowden (Old Gayts)	39.03	
114	M. Payne (Serpentine)	36.03		169	R. Beedell (Chesham)	39.06	
115	M. Grimsdale (Watford)	36.08		170	S. Franklin (Vauxhall)	39.09	
116	N. Webb (Old Gayts)	36.09		171	D. Walker (un.)	39.15	
117	B. Sheehan (un.)	36.12		172	C. Harrod (Wisbech)	39.16	
118	J. Clare (Blackheath)	36.15	v	173	A. McCormack (Chesham)	39.23	
119	P. Reed (Highgate)	36.18		174	P. Fitzpatrick (Orion)	39.24	
120	T. Daly (Serpentine)	36.24		175	D. Dononey (Shaftsbury)	39.24	
121	O. Bottle (Aylesbury)	36.25		176	B. Webb (Veterans)	39.26	vv
122	M. Kinshott (Highgate)	36.27	v	177	S. Brimacombe (Hounslow)	39.29	
123	M. Grey (Shaftsbury)	36.28	v	178	A. Hessel (North London)	39.31	v
124	R. Brockway (Vauxhall)	36.30	v	179	M. Wilson (Ealing & S)	39.35	
125	M. Baron (Old Gayts)	36.31		180	S. Izzard (Watford)	39.39	vv
126	M. Doogan (Omega)	36.33	v	181	T. Lamoureux (Hillingdon)	39.46	v
127	N. Krebs (Hillingdon)	36.35		182	C. Bennett (T.V.H.)	39.47	v
128	S. White (un.)	36.39		183	T. Hunter (un.)	39.50	
129	S. Hunt (Worthing)	36.40		184	D. Mulkern (Chesham)	39.51	v
130	P. Miller (Serpentine)	36.42		185	J. Davern (Dartford)	39.53	
131	D. Black (Aberdeen)	36.43		186	G. Somlo (Metropolitan)	39.55	v
132	P. Sibley (L.R.R.C.)	37.01		187	J. Bilsland (Old Gayts)	40.07	
133	D. Wright (British Airways)	37.02		188	G. Lay (un.)	40.08	
134	D. Williams (Serpentine)	37.03	v	189	M. Wilson (un.)	40.14	
135	G. Kalmstrom (Hillingdon)	37.07		190	J. Kirk (Shaftsbury)	40.20	v
136	J. Deighton (Old Gayts)	37.09		191	R. Carroll (Hillingdon)	40.20	
137	J. Simmonas (Metros)	37.18		192	R. Wapshott (un.)	40.23	v
138	P. Wilks (Kingston & Poly)	37.20	vv	193	M. Floutier (un.)	40.27	
139	W. Gristwood (un.)	37.23		194	R. Collins (Ealing & S)	40.32	v
140	D. Peni (un.)	37.27		195	C. Abery (Chesham)	40.35	
141	A. Harrop (Burnham Joggers)	37.31		196	M. Bagot (un.)	40.36	
142	P. Herring (un.)	37.34	v	197	M. Garrett (Serpentine)	40.40	
143	P. Costas (un.)	37.35		198	A. Delenovo (Tring Joggers)	40.57	
144	G. Bow (Ealing & S)	37.35		199	S. Evans (L.R.R.C.)	40.57	
145	C. Heyes (Stevenage & NH)	37.40		200	G. Bartlett (Watford)	40.59	
146	P. Weeks (Chesham)	37.41		201	M. Hill (J.I. Case)	41.05	
147	B. Costas (North London Poly)	37.46		202	C. Spencer (Q.P.H.)	41.09	
148	J. Camprubi (Metros)	37.47		203	R. White (G.E.C. London)	41.10	
149	P. Towns (un.)	37.48		204	B. Nielsen (Hillingdon)	41.13	vv
150	M. Sampas (un.)	37.49		205	R. Franklin (T.V.H.)	41.19	vv
151	J. West (Q.P.H.)	37.53		206	P. Miller (Serpentine)	41.21	
152	P. McKenna (un.)	37.54		207	J. McLaren (Serpentine)	41.37	vv
153	G. Paul (Ealing & S)	37.55		208	A. Maskell (un.)	41.37	
154	P. Berkhold (Old Gayts)	37.56		209	P. Ashworth (un.)	41.39	
155	J. Smorffitt (un.)	37.57		210	R. Henshaw (un.)	41.43	

211	A. Kolah (un.)	41.56
212	C. Brown (Metros)	41.57
213	D. Wilcock (Serpentine)	42.00
214	G. Johnston (T.V.H.)	42.06 vv
215	T. Byrne (Hillingdon)	42.10 v
216	P. Chaplin (Cambridge & C)	42.12 vv
217	J. Boielle (Tring Joggers)	42.13 vv
218	M. French (un.)	42.19
219	D. Daly (un.)	42.27
220	B. Jackson (Metros)	42.29 v
221	T. Hunt (un.)	42.32
222	J. Faulkner (Metros)	42.46 v
223	S. Kelly (un.)	42.51
224	L. Collett (Hillingdon)	42.54 vv
225	T. Bradley (Hillingdon)	42.57
226	L. Robinson (Barnet)	43.07
227	R. Robertson (Deal Striders)	43.15
228	D. Brown (Aylesbury)	43.33 v
229	R. Lunn (Chesham)	43.51 v
230	T. Mosses (un.)	44.06
231	G. Wood (Metros)	44.07
232	C. Shirey (un.)	44.08
233	A. Cameron (un.)	44.09
234	J. McBride (Metros)	44.23
235	G. Simpson (British Airways)	44.34
236	A. Nairn (un.)	45.00 v
237	J. Purchase (Ranelagh)	45.03
238	R. King (un.)	45.03
239	G. Glew (L.R.R.C.)	45.21
240	C. Roberts (Prestatyn)	45.29
241	A. Swaleheen (Hillingdon)	45.31
242	S. Debuger (Shaftsbury)	45.38
243	M. Valentine (Q.P.H.)	45.41
244	J. Campbell (un.)	45.42
245	D. Walls (un.)	46.06
246	C. Elliff (un.)	46.32
247	M. Foster (un.)	46.59
248	J. Bagot (un.)	47.12
249	R. Hedges (Metros)	47.16
250	R. Tucker (L.R.R.C.)	47.21 v
251	J. Park (un.)	47.50
252	G. Clark (un.)	48.18
253	P. Lamoureux (Hillingdon)	48.20
254	J. Thompson (Serpentine)	48.29
255	A. Gair (un.)	49.23
256	S. Jones (un.)	49.48
257	P. Blackberry (Barnet)	54.55
258	M. Verguizas (un.)	59.39
259	A. Delogu (un.)	59.40

Team Result

1	Shaftsbury Barnet	39
2	Aldershot	57
3	Old Gaytonians	109
4	Ranelagh	110
5	Serpentine	137
6	Shaftsbury "B"	160
7	Hillingdon	194
8	Basildon	269
9	Queens Park H.	271
10	Highbgate	299
11	Old Gaytonians "B"	365
12	Shaftsbury "C"	369
13	Chesham	393
14	Serpentine "B"	414
15	Hillingdon "B"	448
16	Watford	482
17	Thames Valley H.	506
18	Old Gaytonians "C"	575
19	Ealing & Southall	577
20	Metros	577
21	Serpentine "C"	622
22	Barnet	658
23	Hillingdon "C"	695
24	Shaftsbury "D"	730
25	Chesham "B"	781
26	Hillingdon "D"	868
27	Metros "B"	907

Ladies Results v-vet over 35

1	C. Mihailovic (Birchfield)	33.48 (rec)
2	E. Davies (Les Croupiers)	35.54
3	J. Harrop (Burnham Joggers)	36.45
4	C. Oxtan (L.R.R.C.)	37.27 v
5	S. Rowland (Ranelagh)	37.59
6	L. Hall (Ashford)	38.26
7	C. Bow (Ealing & S)	38.31
8	B. Kirk (Shaftsbury)	38.38 v
9	T. Mahr (un.)	38.55 v
10	J. Halbert (Newport)	39.17
11	L. Wilson (Ealing & S)	39.54
12	M. Swindles (Metros)	42.00 v
13	A. Moran (Q.P.H.)	42.19
14	R. Vanlaerhoven (Shaftsbury)	42.36 v
15	U. Pesch-Itzstan (Ranelagh)	43.10 v
16	M. Cole (Ealing & S)	43.28
17	M. Millward (un.)	44.22
18	V. Bird (Ranelagh)	45.02
19	M. Hassell (North London)	45.26 v
20	C. Brixley (Serpentine)	45.34 v
21	C. Richarason (L.R.R.C.)	45.38
22	W. Drane (Hillingdon)	45.47 v
23	N. Rosewell (Serpentine)	46.35
24	J. Bristow (Serpentine)	47.23
25	S. Suffield (Metros)	47.29 v
26	P. Jackson (Metros)	47.35 v
27	B. Norrish (Mitcham & S)	48.17 v
28	A. Harding (Serpentine)	49.01 v
29	S. Silbertson (Q.P.H.)	49.15
30	B. Brennan (un.)	49.49
31	A. Shirey (un.)	49.50
32	G. McBride (Metros)	49.51
33	J. Young (Metros)	50.10
34	C. Hunter (un.)	50.44
35	S. Grist (Metros)	51.25 v
36	J. Brogan (L.R.R.C.)	52.50 v
37	K. Hunt (un.)	54.15
38	R. Betts (un.)	54.26 v
39	S. Woodroff (un.)	58.23 v
40	M. Cullen (un.)	58.32 v
41	G. Martin (un.)	58.32 v

Team Result

1	Ealing & Southall	34
2	Ranelagh	38
3	Metros	63
4	Serpentine	67
5	Metros "B"	100

5km Fun Run - Men

1	N. Evans (Watford)	17.15
2	A. Weller (Shaftsbury)	17.18 v
3	P. Moust (un.)	17.35
4	S. Rowland (Ranelagh)	17.41
5	L. Butcher (Old Gayts)	17.48
6	J. Bignall (Old Gayts)	17.55
7	C. Rayment (Verlea)	18.49
8	A. Wheeler (L.R.R.C.)	19.47
9	D. Evers (Hillingdon)	19.59 vv
10	W. Richmond (T.V.H.)	20.02 v
11	H. Phillips (Kelly Coll Sch)	20.45
12	G. Bush (Old Gayts)	21.15
13	M. Foster (un.)	21.20
14	D. Bowden (un.)	21.55 v
15	M. Hill (J.I. Case)	22.15
16	E. Marthinsen (L.R.R.C.)	23.46
17	J. Murphy (Shaftsbury)	24.22 vv
18	M. Boielle (Tring Joggers)	24.57
19	R. Hewitt (Shaftsbury)	25.10
20	G. Herring (un.)	25.27 v
21	R. O'Rourke (un.)	26.04
22	J. Powell (Highgate)	26.20 vv
23	M. Salomon (Q.P.H.)	28.34 vv
24	M. Blake (Tring Joggers)	29.33 vv

5km Fun Run - Ladies

1	M. Smith (Highgate)	20.52
2	M. Jollye (Highgate)	22.05
3	M. Brown (Metros)	22.26
4	F. Nicholas (un.)	22.59
5	P. McLaren (un.)	27.39 v
6	J. Griffith (un.)	29.37
7	L. Clarke (un.)	29.37

Future Old Gayts Meetings:

Mon May 2nd	McVities Open Meeting
	inc. jnr 1500m/snr 1 mile/2000SC
Tue Jun 21st	Open Meeting
	inc. 800m/3000m
Tue Jul 19th	Open Meeting inc. 1500m
Tue Aug 16th	Open Meeting
	inc. 800m/3000m
Mon Aug 29th	McVities Open Meeting
	inc. 800m/3000m
Sat Oct 14th	Hatch End "5" Mile Road Race

Details of the above from:

Dermis Orme, 12 Warden Avenue, Harrow,
Middx, HA2 9DW.