

BENNETTS GATE BAKERIES HARROW 10km ROAD RACE at Hatch End, Sat Apr 19th 86

Mens Results		v-vet over 40	vv-vet over 50			
1	A. Catton (Ilford)	29.34	(rec)	51	B. Hutchinson (Ealing & S)	32.46
2	M. White (Aldershot)	29.36		52	D. Crank (Kent)	32.51
3	A. Beattie (Luton)	29.38		53	G. Doyly (Swindon)	32.53
4	K. Jacques (St. Helens)	30.17		54	R. Dickson (Croydon)	33.01 v
5	P. Stening (Horsham Blue S)	30.18		55	L. Malcolm (Ilford)	33.03
6	L. Benjamin (Hillingdon)	30.19		56	M. Willson (Bedford)	33.05
7	A. Jackson (Hillingdon)	30.22		57	P. Murphy (London Irish)	33.07
8	J. Broe (Shaftsbury)	30.26		58	A. Phillips (Biggleswade)	33.10
9	B. O'Neill (Aldershot)	30.40	v	59	G. Davidson (Norfolk Gaz.)	33.11
10	A. Stedman (Luton)	30.42		60	D. Morrison (LRRC Metros)	33.11
11	S. Collingridge (Ranelagh)	30.46		61	J. Kelly (Shaftsbury)	33.12
12	J. Carswell (Bracknell)	31.01		62	J. Mescall (Hounslow)	33.14
13	P. Gore (Norfolk Gazelles)	31.02		63	A. Tindall (London Irish)	33.15
14	D. Woods (Kapiti, New Zealand)	31.02		64	C. Thomas (un.)	33.19
15	R. Long (Portsmouth)	31.08		65	G. Thomas (Luton)	33.20
16	D. Walsh (Luton)	31.11		66	R. Campbell (Newham & EB)	33.21
17	S. Haylock (Stockport)	31.15		67	A. Mack (Burnham Joggers)	33.22
18	M. Webster (Bracknell)	31.16		68	I. Ben-Ayora (Shaftsbury)	33.24
19	J. Willoughby (Q.P.H.)	31.18		69	S. Rowland (Ranelagh)	33.24
20	S. Slater (Old Gayts)	31.19		70	D. Flevell (Norfolk Gaz.)	33.27
21	N. Arnold (Norfolk Gaz.)	31.27		71	R. Campbell (Newham & EB)	33.27 v
22	C. Marshall (Cambridge H.)	31.32		72	G. White (Blackheath)	33.34
23	P. Calnan (Blackheath)	31.39		73	G. Patterson (Blackheath)	33.35
24	G. Hansen (Croydon)	31.42		74	M. Edwards (T.V.H.)	33.36 v
25	S. Littlewood (Hercules W)	31.44		75	J. Watts (Aldershot)	33.39
26	K. Pike (Blackheath)	31.54		76	S. Gallagher (un.)	33.41
27	S. Crawte (Aldershot)	31.55		77	K. Scudamore (Burnham Jog)	33.42 v
28	D. Coates (Ilford)	31.55		78	G. Seymour (Vauxhall)	33.43
29	P. Mitchell (Reading)	31.56		79	M. Seymour (Shaftsbury)	33.48
30	A. Millett (Shaftsbury)	31.58		80	P. Cummings (Jt. Services)	33.49
31	J. Quirke (London Irish)	32.02		81	D. Burns (London Irish)	33.50
32	C. Campbell (Aldershot)	32.06		82	Z. Grzywina (Hillingdon)	33.51
33	M. Roberts (Herne Hill)	32.08		83	R. Warner (Orion)	33.54
34	K. Newton (un.)	32.11		84	J. McMulkin (Vauxhall)	33.55
35	P. Betts (Blackheath)	32.14		85	I. Mixter (Hillingdon)	33.55
36	S. Winspear (Norfolk Gaz.)	32.17		86	A. Miles (Hillingdon)	33.56
37	R. Johnston (Kingston & P)	32.18		87	P. Cressy (Orion)	33.56 v
38	D. Rogers (Aldershot)	32.18	v	88	R. Amendale (Surrey Univ)	33.56
39	P. Wells (Q.P.H.)	32.19		89	C. Preston (Green Man)	33.57
40	D. Fairbrass (Kent)	32.22		90	L. Kohn (Victoria Park H)	34.04
41	P. Filler (Orion)	32.24		91	R. Bennett (Serpentine)	34.06 v
42	B. Meadows (Ilford)	32.28		92	P. Fowler (Ranelagh)	34.07 v
43	C. Ireland (Shaftsbury)	32.28		93	D. Case (Ealing & Southall)	34.10 vv
44	P. Sterry (Luton)	32.29		94	J. Sexton (un.)	34.12
45	R. Smith (Windsor S & E)	32.29		95	D. Orme (Old Gayts)	34.22
46	L. O'Hara (Belgrave)	32.35	vv	96	T. Hodgson (Q.P.H.)	34.22
47	B. Morrison (Vauxhall)	32.37		97	N. Lickens (Kent)	34.23
48	C. Taylor (Muswell Hill)	32.39		98	S. Pritchard (Wye Valley)	34.31
49	B. Sergeant (Grimsby)	32.41		99	M. Kinshott (Highgate)	34.32
50	P. York (Ealing & S)	32.46		100	J. Heaton (Q.P.H.)	34.35

101	J. Green (London Irish)	34.39	151	C. Maughan (Vauxhall)	36.23 v
102	C. Walker (LRRC)	34.45	152	K. Harle (Kent)	36.27
103	E. Bradley (Q.P.H.)	34.46	153	D. Wilkinson (Burnham Jog)	36.27 v
104	J. Corke (Feltham Puffers)	34.52	154	F. Luzarycia (un.)	36.28
105	G. Ayre (Bedford)	34.53 v	155	P. Robinson (un.)	36.29
106	C. Herity (London Irish)	34.58	156	D. Foxley (British Airways)	36.30
107	R. Freeman (Wycombe)	35.02	157	D. Smart (Serpentine)	36.31
108	D. Gregory (North London)	35.03	158	B. West (Vauxhall)	36.36 v
109	P. Smith (Hercules Wimb.)	35.04	159	R. Devitt (Shaftsbury)	36.40
110	A. Porter (Bracknell)	35.06	160	D. Joseph (Vauxhall)	36.43
111	D. Francis (T.V.H.)	35.08	161	T. Briggs (Surrey Univ.)	36.49
112	M. Grey (Shaftsbury)	35.08 v	162	R. Hampson (LRRC)	36.50
113	T. Campbell (Aldershot)	35.09	163	T. Madden (Q.P.H.)	36.53
114	M. Quinn (Aldershot)	35.11	164	N. Halsey (Heather Road)	36.53
115	D. Wright (Vauxhall)	35.14	165	B. McIntee (Q.P.H.)	36.54
116	J. Clare (Blackheath)	35.15 v	166	A. Lloyd (un.)	36.55
117	M. Archer (Hillingdon)	35.17	167	G. Hickner (un.)	36.56
118	N. Wahle (Blackheath)	35.17	168	P. Herring (un.)	36.57 v
119	(Hercules Wimb.)	35.19	169	A. Gardiner (Kent)	36.58
120	G. Bow (Waling & Southall)	35.23	170	M. Reynolds (Burnham Jog)	37.00 v
121	R. Mead (Bracknell)	35.23 v	171	R. Hirsch (un.)	37.01
122	P. Sibley (LRRC)	35.30	172	C. McGarvey (Haringey)	37.02
123	N. Cole (Bishops Stortford)	35.31	173	D. Williams (Ilford)	37.03
124	M. Edge (Reading Joggers)	35.35	174	S. Penny (Old Gayts)	37.04
125	R. Manton (Muswell Hill)	35.39	175	A. Higgs (Old Gayts)	37.06
126	G. Hall (Wycombe)	35.39 v	176	M. Lyons (London Irish)	37.16 v
127	A. Smith (Shaftsbury)	35.42	177	A. Bowring (un.)	37.21
128	D. Warner (Orion)	35.42	178	J. Davern (LRRC)	37.24
129	I. Roberts (Watford)	35.43	179	J. Gateley (Watford)	37.24
130	T. Toole (un.)	35.44	180	R. Nicholl (un.)	37.25 v
131	A. Lewis (Shrewsbury)	35.45	181	J. Webb (un.)	37.25
132	N. Prindle (Omega)	35.46	182	S. Izzard (Watford)	37.28 vv
133	T. Twomey (Wimbledon Wind.)	35.50	183	G. Russell (Denby Dale)	37.28
134	G. Hoban (London Irish)	35.52	184	G. King (Chiltern RR)	37.29
135	M. Hamilton (Hillingdon)	35.52	185	K. Friar (un.)	37.36
136	D. Connelly (Waling & Sthl)	35.56	186	E. Richardson (Serpentine)	37.38
137	R. Cowley (Vauxhall)	35.56	187	J. Simmonds (Dacorum)	37.39
138	R. Dooley (Vauxhall)	35.57	188	A. Payne (Horsham Blue S)	37.41
139	J. Smith (Highgate)	35.58	189	N. Taylor (un.)	37.42
140	P. Needham (un.)	36.01	190	M. McCarthy (Q.P.H.)	37.45
141	R. Briggs (LRRC Metros)	36.02 v	191	P. Harris (Vets)	37.51 v
142	S. Later (Highgate)	36.03 v	192	C. Markey (Epsom & E)	37.52
143	J. Williams (Hercules Wimb)	36.05	193	R. Benfield (Bedford)	37.57 v
144	J. Giles (LRRC Metros)	36.05	194	M. Bright (Dulwich R)	37.57
145	K. Brackfield (un.)	36.07	195	D. Deevy (Vets)	37.59 vv
146	B. James (Swindon)	36.10	196	G. Jones (LRRC)	37.59
147	Grove (LRRC)	36.10	197	B. Dell (Tring Joggers)	38.03
148	C. Heyes (Stevenage & NH)	36.13	198	P. McCommon (Epsom & E)	38.03
149	T. Cameron (Vauxhall)	36.13 v	199	G. Archer (Hillingdon)	38.04 v
150	N. Saunders (un.)	36.13	200	B. Matthews (Horsham Jog.)	38.10

201	C. Tether (un.)	38.10	251	M. McLarnan (Enfield)	40.29
202	K. Hirst (Watford)	38.22	252	E. Barrett (un.)	40.30
203	D. Bird (Garden City)	38.25 v	253	G. Young (LRRC)	40.36
204	J. Rowe (Hillingdon)	38.27	254	A. Pitt (Garden City)	40.40
205	J. Bilisland (un.)	38.32	255	M. Gilbert (Barnet)	40.41 v
206	C. Thomas (un.)	38.34	256	S. Collins (Surrey Univ.)	40.47
207	M. Wylie (un.)	38.39	257	R. Borman (Hillingdon)	40.49 v
208	J. Smorfitt (un.)	38.39	258	P. Buckmaster (un.)	40.52
209	J. Gardener (un.)	38.40	259	P. Nash (un.)	40.59
210	M. Bleskley (Hillingdon)	38.40	260	C. Brooks (Old Gayts)	41.00
211	C. Hill (Serpentine)	38.42	261	D. Leake (un.)	41.00
212	C. Sheridan (Newlands)	38.42	262	F. Robinson (un.)	41.01
213	J. Dixon (un.)	38.44	263	G. Smith (Highgate)	41.07 vv
214	I. Sheridan (un.)	38.50	264	P. Friar (un.)	41.08
215	M. Cowlin (Maidenhead)	38.51 v	265	B. Grant (LRRC)	41.09
216	A. Lincoln (LRRC)	38.53	266	R. Jelves (un.)	41.15 vv
217	L. Bedford (Burnham Joggers)	38.54 vv	267	J. Higgs (un.)	41.23
218	S. Page (Phillips City Str)	38.55	268	M. Lane (un.)	41.25
219	A. Cooper (LRRC)	38.57	269	J. Adams-Murphy (Hillingdon)	41.25 vv
220	P. Kerrison (Norfolk Gaz.)	39.03 v	270	W. Ahearne (un.)	41.29
221	K. Mulligen (un.)	39.05	271	N. Cox (Newlands)	41.31
222	D. Salter (un.)	39.08	272	R. Taylor (Newlands)	41.34
223	V. Gillick (Shaftsbury)	39.10 v	273	R. Walker (Omega)	41.34
224	J. Aspinall (Herne Hill)	39.11 v	274	P. Fox (un.)	41.36
225	B. Wigglesworth (King & P)	39.17 v	275	A. Byrne (Hillingdon)	41.39 v
226	M. Haire (Brighton & H)	39.18	276	J. Davis (un.)	41.42
227	E. Issa (Newlands)	39.19	277	T. Farman (Dunstable RR)	41.44
228	F. Ulay-Shellgrec (Newlands)	39.20	278	L. Powell (LRRC Metros)	41.56
229	M. McGooley (London Irish)	39.25	279	D. Ede (Newlands)	42.00
230	D. Button (Elmbridge)	39.26 v	280	M. Claxton (Maidenhead)	42.08 v
231	B. Nielsen (Hillingdon)	39.29 vv	281	M. Bailey (Newlands)	42.11
232	R. Burgess (Ranelagh)	39.31	282	C. Hayne (LRRC)	42.18
233	W. Meehan (LRRC)	39.32	283	P. Cookson (un.)	42.24
234	P. Derkins (Hillingdon)	39.32	284	G. Simpson (un.)	42.33
235	S. Waters (un.)	39.41	285	T. Friend (Waverley)	42.43
236	R. Boardman (Aberystwyth)	39.45	286	R. Anderson (LRRC)	42.50
237	C. Bennett (T.V.H.)	39.46 v	287	R. McKeown (Highgate)	42.55
238	S. Shaw (un.)	39.46	288	M. Boldinger (Harlow)	43.15
239	R. Griffiths (Sutton B)	39.49	289	R. Collins (Peterhead)	43.19 v
240	J. Relf (Shaftsbury)	40.00	290	T. Borman (un.)	43.19
241	I. Smith (Ranelagh)	40.01 v	291	J. Rushton (Tynedale)	43.25 vv
242	D. McGuinn (un.)	40.10	292	W. Roberts (un.)	43.45
243	J. Parmer (Laling & Sthl.)	40.15 vv	293	R. Kew (LRRC)	43.56 v
244	R. Szymczak (un.)	40.15	294	S. Fuller (Hercules Wimb)	43.56
245	M. Hardy (Luton)	40.15 v	295	C. Webb (Burnham Joggers)	43.59 v
246	K. Sparks (un.)	40.17 v	296	I. Winton (un.)	44.03 v
247	P. Burke (un.)	40.18	297	D. Marsh (un.)	44.07
248	J. Colburn (un.)	40.19	298	A. Solomon (un.)	44.17 v
249	S. Barratt (Liverpool RR)	40.23	299	G. Elliot (un.)	44.19
250	P. Postings (Ilford)	40.27 v	300	T. Bradley (un.)	44.22

301	A. McBride (LRRC Metros)	44.28		<u>Team Result</u>	
302	M. Muir (Old Gayts)	44.34		1	Aldershot 70
303	J. Armitage (un.)	44.38		2	Luton 73
304	K. Avery (un.)	44.49		3	Ilford 126
305	B. Jackson (LRRC Metros)	44.50 v		4	Norfolk Gazelles 129
306	R. Keen (un.)	44.54		5	Shaftsbury 142
307	R. Floyd (LRRC Metros)	44.56 v		6	Blackheath 156
308	A. Herring (LRRC Metros)	45.00 v		7	Hillingdon 170
309	J. Byrne (un.)	45.21		8	London Irish 232
310	A. Selman (Shaftsbury)	45.21 v		9	Queens Park H. 254
311	R. Armitage (un.)	45.23		10	Bracknell 261
312	R. Carroll (un.)	45.40		11	Baling & Southall 314
313	G. Lamoureux (un.)	46.04 v		12	Vauxhall 324
314	G. Russell (Vauxhall)	46.08		13	Orion 339
315	P. Rosset (LRRC Metros)	46.32 vv		14	Aldershot "B" 340
316	J. O'Donohue (Watford)	46.34 v		15	Kent 341
317	J. Bradford (un.)	46.35 v		16	Shaftsbury "B" 386
318	D. Davies (LRRC)	47.07 vv		17	Hercules Wimbledon 396
319	D. Rees (LRRC Metros)	47.20 v		18	Ranelagh 404
320	P. Woodroffe (LRRC)	47.21		19	Old Gaytonians 464
321	I. McDougle (Jaws)	47.46 v		20	Burnham Joggers 467
322	D. Hussey (Jaws)	47.53		21	London Irish "B" 517
323	P. West (LRRC)	47.56		22	L.R.R.C. 533
324	C. Hesselman (Newlands)	47.59		23	Hillingdon "B" 537
325	A. Jamal (un.)	48.15		24	Vauxhall "B" 575
326	P. Jones (LRRC Metros)	48.37 v		25	Queens Park "B" 621
327	R. Hewitt (Shaftsbury)	48.42 vv		26	LRRC Metros 623
328	D. Day (Newlands)	49.34		27	Highgate 643
329	G. Malachowski (un.)	49.39		28	Serpentine 645
330	M. Duffy (un.)	50.37 v		29	Watford H. 692
331	R. Wise (Ranelagh)	51.22		30	L.R.R.C. "B" 809
332	T. Wehrli (un.)	52.48		31	Hillingdon "C" 879
333	R. Yule (un.)	52.48		32	Shaftsbury "C" 932
334	P. Gilmour (un.)	52.49		33	Newlands 938
335	H. Walker (un.)	53.44		34	L.R.R.C. "C" 1033
336	G. Clapperton (un.)	54.16 vv		35	Newlands "B" 1156
337	G. Malachowski (un.) ???	57.59		36	L.R.R.C. "D" 1217
				37	LRRC Metros "B" 1221

Thanks again for your support. Next years event will probably be in a "A" and "B" race format. Watch the athletics press for details.

Old Gaytonians next promotion is the Hatch End "5" on Saturday October 18th.
For entry details send S.S.A.E. to:
Dennis Orme, 12 Warden Avenue, Harrow, Middx, HA2 9LW.

<u>Ladies results</u>		<u>v- vet over 35</u>
1	A. Briscoe (White Horse)	35.52 (rec)
2	A. Carswell (Bracknell)	37.05
3	S. Rowland (Ranelagh)	38.35
4	M. Rowe (un.)	39.20 v
5	H. Thomson (Parkside)	39.40
6	J. Mitchell (Watford)	39.45 v
7	D. Faulkner (Highgate)	40.20
8	J. Derby (Bromley Ladies)	40.37
9	M. Swindles (LRRC Metros)	41.29
10	L. Elliott (Highgate)	41.32
11	G. Andrews (Hillingdon)	41.47 v
12	V. Culshaw (Ranelagh)	43.26
13	H. Savin (Herne Hill)	43.45
14	B. Norrish (Mitcham)	44.12 v
15	M. Howells (Ealing & Sthl)	44.21
16	R. Pepler (Ranelagh)	44.47
17	A. Sexton (un.)	44.52
18	K. Thompson (Vale Farm)	46.32
19	L. Bowen (Vale Farm)	46.33
20	P. Jackson (LRRC Metros)	46.59 v
21	W. Morrison (LRRC Metros)	47.36 v
22	G. Ryan (un.)	47.54
23	S. Henderson (Ranelagh)	48.27
24	P. Quinn (LRRC Metros)	49.03
25	C. Quinn (LRRC Metros)	49.03
26	L. Giles (LRRC Metros)	49.35 v
27	J. Lee (un.)	49.37
28	A. Powell (un.)	49.56
29	M. Webster (un.)	50.28
30	V. Boyd (L.R.R.C.)	50.53
31	L. Montague (Trent Park)	50.57
32	M. Gallagher (un.)	51.10
33	K. Mitchell (un.)	51.12
34	G. McBride (LRRC Metros)	51.15
35	J. Hubbard (un.)	51.32
36	J. Atkinson (un.)	52.03
37	A. Newton (Met Police)	52.03
38	J. Woodroffe (L.R.R.C.)	52.51
39	J. Lambert (Vale Farm)	52.54
40	D. Vaseni (un.)	53.22
41	M. Barton (un.)	53.28
42	S. Gallagher (un.)	53.43
43	D. Roden (Dulwich R.)	54.06
44	L. Hobdell (Luton)	54.42 v
45	G. Whittlesea (un.)	57.59
46	J. McDougle (Jaws)	60.35 v
47	K. Beat (L.R.R.C.)	60.35

<u>Ladies Teams.</u>	
1	Ranelagh 31
2	LRRC Metros 50
3	LRRC Metros "B" 75
4	Vale Farm 76
5	L.R.R.C. 115

<u>5km Fun Run - Men</u>	<u>v-vet over 40</u>	<u>vv-over 50</u>
1	D. Fishburn (Eckington)	17.26
2	A. Mitchell (Biggleswade)	17.54 v
3	T. Jarvis (Eckington)	18.35
4	D. Ayre (Bedford)	18.40
5	M. Massey (un.)	18.47
6	P. Maffia (Watford Joggers)	19.11 vv
7	J. Rose (un.)	19.21
8	B. Jackson (Old Gayts)	20.26
9	M. Green (Old Gayts)	21.30
10	G. Tyler (Old Gayts)	21.37
11	P. Charlton (un.)	22.07
12	B. Corcoran (un.)	22.09
13	P. Brownlie (L.R.R.C.)	23.03
14	D. Pitt (Garden City)	23.14 v
15	W. Hawkins (L.R.R.C.)	23.41 v
16	M. Reading (LRRC Metros)	24.08 v
17	M. Lane (un.)	24.12
18	D. Lipscomb (un.)	25.34
19	M. Lawlor (un.)	25.42
20	R. Clare (un.)	26.26
21	J. Suffield (Old Gayts)	26.50

<u>5km Fun Run - Ladies</u>	<u>v-vet over 35</u>
1	C. Brown (LRRC Metros) 23.40
2	J. Woodman (LRRC Metros) 24.16
3	L. Woodman (LRRC Metros) 24.24
4	D. Shepherd (un.) 24.36
5	D. Green (Old Gayts) 24.45
6	J. Foxley (un.) 24.48 v
7	M. Llewellyn (LRRC Metros) 25.02
8	D. Haynes (L.R.R.C.) 25.02
9	P. Suffield (LRRC Metros) 26.52
10	C. Theobald (LRRC Metros) 27.03 v

Certificates for the fun run will be posted separately in the next few days.

Dennis Orme 20/4/86